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Brutal CIA torture tactics did not aid intelligence: Report

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'Diamond was a warrior'

Calgary's Diamond Marshall leaves behind legacy after losing her battle to cancer

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**FLAMES FLOP IN TORONTO**

Cody Franson, defenceman for the Toronto Maple Leafs, hits Calgary Flames forward Johnny Gaudreau during the game in Toronto on Tuesday. The Flames lost 1-4. See story, page 30.

NATHAN DENETTE/THE CANADIAN PRESS

Real-time bicycle counts set for Jan. 1

Open data. Cycling co-ordinator reveals plan as Manning Foundation calls for more transparency



ROBSON FLETCHER

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Calgary is pedalling ahead with plans to launch real-time bike counts online in January, as a new report from the Manning Foundation calls on the city to do just that — and more — with its cyclist data to boost public confidence in the numbers.

Cycling co-ordinator Tom Thivener said the city has been gathering "very exciting" data from an automated counter on the Peace Bridge for the past six months, and aims to share that data, live, with Calgarians, first thing in the New Year.

"The plan is Jan. 1 to have the website up and live so people can track the usage, real-time," Thivener said Tues-

day. "You'll be able to see the data live and be able to click on different charts and see weekly averages, yearly, basically any kind of breakdown that you want to see."

Another automated counter is "being installed and calibrated as we speak" on the 7 Street SW cycle track and "will come online shortly within the new year as well," Thivener said, followed by counters at "several more" locations after that.

Calgary has hired Eco-Counter, the same company that does automated bike counts for Ottawa, and the data will appear online in a manner similar to the way data from the Laurier Avenue cycle track in the nation's capital is presented, Thivener said.

The move comes just as the Manning Foundation, a right-leaning Calgary-based organization that focuses largely on municipal governance, is set to publish a research paper calling on the city to gather and make public more data surrounding cycling.

"A fundamental lack of data and good measurements may very well be undermining sup-

port for a good cause," reads the conclusion of a draft version of the report.

Jeromy Farkas, the report's author, said the city should not only move toward "more objective" automated bike counts and real-time publishing, but also share other data more openly, including feedback it gathers from public consultations.

"Right now there's a large perception, rightly or wrongly, that the city has arrived at its conclusion and it's going to do what it's going to do anyway, but then it holds these phoney consultation exercises," he said. "The more raw-source data provided, the more legitimate these exercises are in the eyes of the public."

Calgary's Centre City Cycle Track Network, a series of separated bike lanes to be built downtown next year as a pilot project, also needs more measurable and ambitious performance targets, Farkas said.

Thivener said city staff will present members of council with updated numbers and metrics for that project on Dec. 15.

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Brave young cancer warrior leaves legacy of inspiration

Diamond Marshall.

Nine-year-old Calgary girl partied with Flames, got hugged by a princess and inspired a charity event that raised millions

 JEREMY NOLAIS
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The week before she died, nine-year-old Diamond Marshall finished crossing every item off her bucket list.

She was the star of a party attended by Calgary Flames mascot Harvey the Hound and the team donated a spectator box so her family could take in a game.

She helped pick out the hymns for her own funeral, participated in her first communion and spent a lot of time learning about her mother Memory, who died of a rare form of pregnancy cancer in early 2007.

Diamond herself had long battled an advanced rare form of cancer. In July 2011, she and her stepmother Danielle, who officially signed adoption papers last week, walked out onto a tarmac at Calgary International Airport to present Prince William and "real princess" Kate Middleton with a bouquet of flowers as the newlywed royal couple kicked off their overseas tour.

Photos of the encounter were circulated by media outlets worldwide.

"She was beautiful," an enthralled Diamond told reporters at the time.

A crown jewel lost

A spokesman for the British Royal Family said Tuesday that Prince William and Kate Middleton have been informed of Diamond's passing.

- "The Duke and Duchess were saddened to hear of this news," the spokesman said.

Diamond would later be the inspiration for the Hockey Marathon for the Kids, which has raised millions for the Alberta Children's Hospital Foundation since its 2012 launch, and also set a Guinness World Record for the longest hockey game.

Diamond died on Monday around 7 p.m.

"She had a mom here and she's got a mom on the other side," said Melanie Jimmy, Diamond's aunt and Memory's sister. "That's what's gotten us all through this, that's what's given us all strength."

In late 2011, Diamond's cancer went into remission and the next year she would watch as her father Lyall competed in the Hockey Marathon.

But doctors informed the Marshalls the young girl had osteosarcoma and that it "would be the last chapter of her journey."

"We are incredibly saddened, yet relieved that Diamond is no longer suffering," the grieving parents said in a statement.

The family has indicated a charitable initiative will be launched in Diamond's name



Duchess of Cambridge Kate Middleton greets six-year-old Diamond Marshall on arrival in Calgary in July 2011.

JONATHAN HAYWARD/THE CANADIAN PRESS FILE

Quoted

"In her fight against cancer, Diamond was a warrior but she carried herself with the grace and dignity of a princess."

From a statement made by the family of nine-year-old Diamond Marshall, who died Monday

in the future.

"We are incredibly thankful for the time we had with Diamond and we will cherish the memories we made with her," the statement read. "In her fight against cancer, Diamond was a warrior but she carried herself with the grace and dignity of a princess. She

touched many people along the way and her story inspired so many."

A post Tuesday to the Hockey Marathon for the Kids Facebook page read, "Very sad news today. Diamond Marshall, the inspiration for the original Hockey Marathon, has passed away. During her short life,

her courage was an inspiration to many. We'll miss you, Diamond."

Jimmy said Diamond was moved into a Rotary Flames House hospice in November and the youngster knew the end was near.

"She would get sad but she'd been talking lots about Memory," she said. "Memory made videos for Diamond for her to learn about things like dating boys and stuff... She was comfortable knowing that Memory would be on the other side."

A funeral for Diamond is planned for Friday.

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Low oil prices punch \$6B-\$7B hole in Alberta budget: Prentice

Belt-tightening.

Premier warns of 'tough choices' as oil nears \$60 US a barrel

Premier Jim Prentice says if oil prices continue to remain low, they will blow a \$6-billion to \$7-billion hole in the \$40-billion provincial budget and no Albertan will be spared the pain.

"A return to extremely volatile energy prices has created conditions that we cannot ignore," Prentice said Tuesday in a speech to the Edmonton Chamber of Commerce.

"Tough choices are going to have to be made and they will be made."

Prentice was reacting to the price of oil that was around the \$100 US a barrel mark in the summer, but has since fallen to the mid- to low \$60 range this week due to a supply glut caused by OPEC and increased production in the United States.

The price trough forced the province last month to re-

vise its revenue forecasts for the current fiscal year from a surplus of \$1.1 billion to \$933 million.

The province forecast oil at \$95 US a barrel in the spring budget, but last month revised that to \$75 a barrel.

Prentice has promised to keep the operating side of the budget balanced, but when asked later by reporters if that balance is in jeopardy, he said, "It remains to be seen."

"Clearly it makes it more challenging to balance the budget even in this fiscal year, let alone the fiscal year that we're facing," Prentice said.

The premier has been making similar speeches in recent weeks, warning of "prudence" and "consequences" with low oil prices, the key driver of Alberta's economy.

He reiterated Tuesday his plan to look for in-house savings while keeping the rate of future spending increases below the benchmark level of inflation plus population growth.

He added that "current forecasting would mean that this

NDP reaction

NDP Leader Rachel Notley said Prentice is laying the groundwork for steep cuts to programs and benefits for everyday Albertans.

- Notley said Prentice needs to bring back a progressive income tax and do away with the current 10 per cent flat tax on income she says benefits only the wealthy.

(belt-tightening) will actually need to be even tighter."

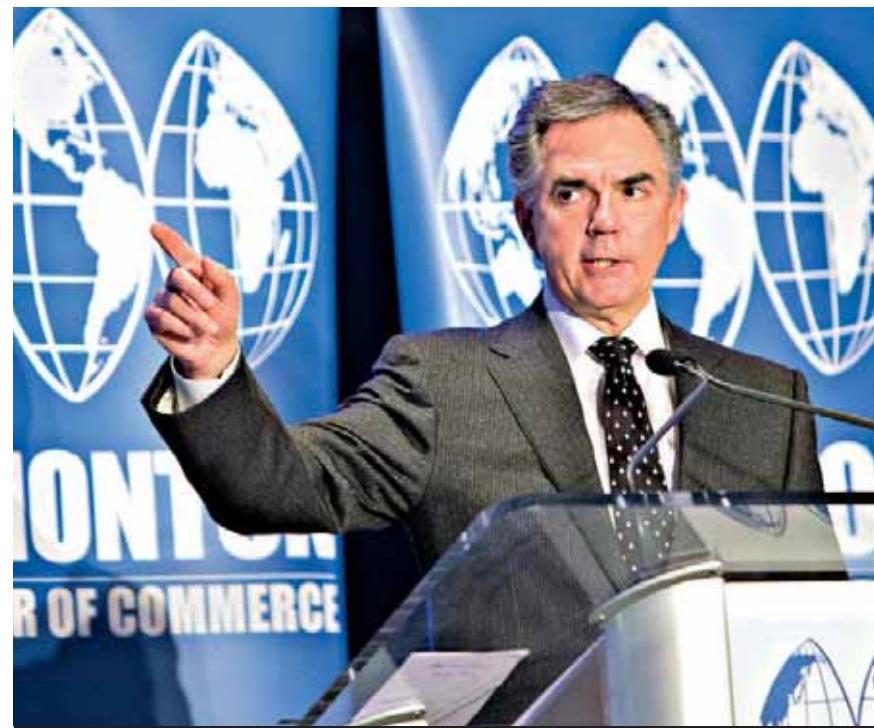
Prentice said the cuts will not impact the core programs of education, health and care for seniors.

The savings, he said, are there.

He wouldn't say what changes will be made on the revenue side, but said he won't punish future generations with exorbitant debt.

The premier also said he wouldn't introduce a sales tax.

THE CANADIAN PRESS



Premier Jim Prentice gives a state-of-the-province address in Edmonton on Tuesday. JASON FRANSON/THE CANADIAN PRESS

City opts not to sell park space to philanthropist



Coun. Evan Woolley METRO FILE

Following a public outcry that Mayor Naheed Nenshi described as disingenuous, city council opted Monday not to sell a green space to a well-known local philanthropist who, relatively recently, discovered he didn't actually own the land.

"Mr. Taylor always thought this land was his," Nenshi said, referring to Donald

Taylor, who has famously donated tens of millions of dollars to the Calgary Stampede, Mount Royal University and the University of Calgary.

The roughly 2,000 square feet of green space in the Mount Royal-Cliff Bungalow area was resurveyed after the flood of 2005 and it was revealed that what Taylor thought was part of his yard

was actually part of an adjacent park.

Taylor offered to buy the land, but numerous area residents have vociferously objected to the sale in recent months, saying it's a public space with beautiful views of downtown that should be kept public.

Council, somewhat begrudgingly, agreed on Mon-

day, voting after a behind-closed-doors discussion not to sell the land and instead negotiate a settlement with Taylor.

Nenshi lamented what he described as less-than-respectful tactics from some opponents of the sale.

"We should not be moving to personal attacks on people," he said. "We should

not be misleading our neighbours as to what's going on."

Coun. Evan Woolley said "a lack of clarity" around the whole process led to frustration on all sides and the city would work to better communicate the potential sale of any of the "thousands of small pieces of land" it owns, in the future.

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Bill C-36 won't have a big impact in Calgary, police say

Calgary police say steeper fines for johns and new avenues for prostitutes to protect themselves are welcome, but they don't believe the new federal Bill C-36 will have a huge impact on the city's sex trade.

Staff Sgt. Robert Rutledge said the bulk of sex transactions are now arranged online and paid for behind closed doors. The bill does allow prostitutes to hire security personnel, providing they aren't being exploited, but he doubted there

would be a significant uptake on such an offering.

"If the sex-trade workers take advantage of it, then their safety shouldn't be an issue," he said. "But in my experience, the large majority of sex-trade workers go from city to city and they don't tell anybody what they're doing. They don't check in with social agencies and the police when they come to Calgary."

Rutledge said he hoped judges determining appropri-

ate fines for convictions related to the purchase of sex would continue to divert funds towards social agencies that offer aid to sex workers.

"This is a dangerous occupation, whether it's inside or outside," Rutledge said. "It impacts women mostly and children and other marginalized groups. So, we're certainly in favour of any new legislation that allows us to go out and target those exploiting individuals."

JEREMY NOLAIS/METRO



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Education. Teacher says Student Learning Assessments took weeks to complete, days to mark



JEREMY NOLAIIS

jeremy.nolais@metronews.ca

Alberta's education boss has conceded there were kinks with an initial trial of computerized tests for Grade 3 learners this fall, but he says in a letter he's confident the province remains on the right track.

Education Minister Gordon Dirks hasn't responded to interview requests from Metro about the rollout of Student Learning Assessments (SLAs), which was deemed an "absolute mess" by Alberta Teachers' Association president Mark Ramsankar.

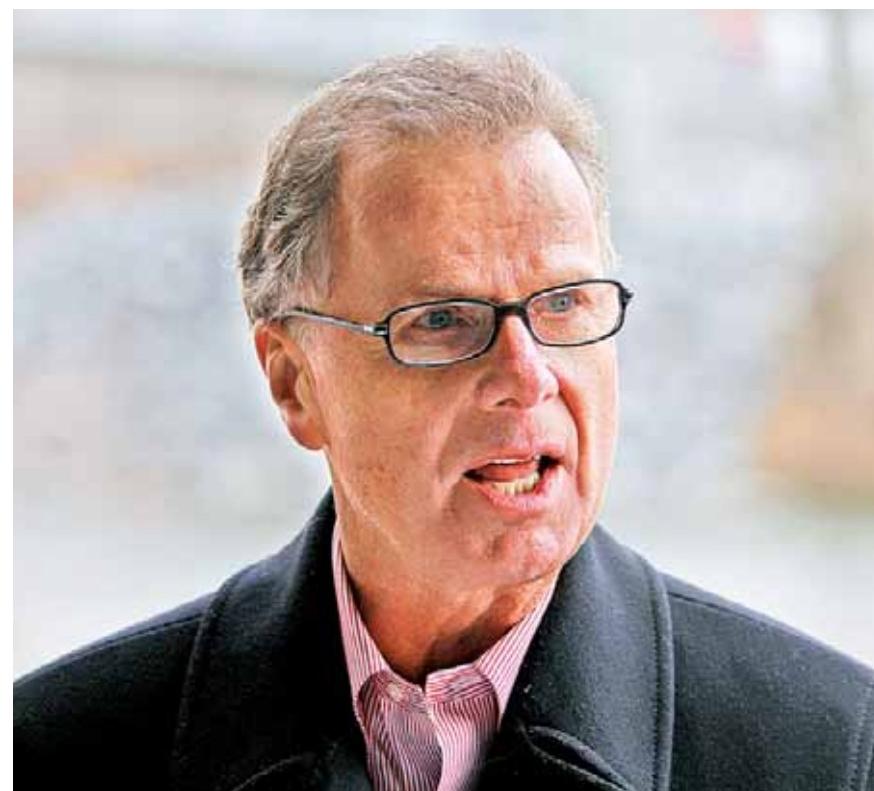
But Dirks, in a Dec. 3 letter that has been posted online, told Ramsankar that "while every effort was made to ensure the success of this pilot, we realize there were variations in classroom experiences."

The SLAs are intended to replace the controversial provincial achievement tests (PATs) and are to be written at the start of the year rather than the end. The hope is that the results of the tests will provide teachers with clear information on a student's strengths and weaknesses.

But hundreds of teachers have posted complaints online about the long amount of time it took for students to write the test, as well as shortcomings with the program and available technology in schools.

One Calgary Catholic teacher, who spoke on condition of anonymity, said Tuesday it took her class 2-1/2 weeks writing one or

Dirks stands by SLAs despite rollout woes



Education Minister Gordon Dirks has admitted there were hiccups with the rollout of Student Learning Assessments, but he has told teacher representatives that he believes the province is "on the right track as we move forward."

ROBSON FLETCHER/METRO

two tests daily to get through them all. At times the program used would freeze, forcing her to shut it down and reboot.

"It was very stressful," she said. "If they want everybody in the province to write these, they need to be technologically ready for that. It's very annoying to have to stop and that really raised the kids' anxiety."

Afterward, she said it took about 20 to 40 hours for each teacher to mark the tests properly.

Previously, teachers volunteering to mark PATs travelled to Edmonton to do so and were provided with pay.

"We heard some principals brought in (substitute

teachers) to help while the marking was done ... but we went the good Catholic route and didn't do that," she said.

The teacher also said that some of her peers in other schools used the SLA results to help form a portion of student grades, a revelation that could fuel criticism from those who believed the longstanding PATs should have been used purely for monitoring school — not student — performance.

As well, parents with kids who wrote the SLAs this fall said they've been left in limbo waiting to find out how their child performed.

Dirks states in his letter that an initial plan to provide results reports in mid-Decem-

ber to parents, schools and school authorities has been abandoned. He said it will be "incumbent upon teachers to share the SLA student results with parents."

Dirks added, "Should parents or guardians request their child's performance results from the ministry, a hard copy of the SLA digital dashboard information will be provided to them."

Dirks did state in his letter that initial pilot results indicate the SLAs provide more reliable feedback on student ability.

It's not clear if the province will proceed as planned with the introduction of the SLAs at the Grade 6 level in 2015-16.

Air Canada

New flights teed up for YYC

Calgary International Airport is adding flights to its B.C. roster this spring, with year-round service to

Kitimat and Nanaimo.

The bustling travel hub is also introducing seasonal direct service to Halifax, according to a release Tuesday. All three flights will be provided by Air Canada.

"We are strategically adding new routes in response

to strong demand in Western Canada, notably the growing business market between Calgary and Terrace/Kitimat in northern B.C., the increasing demand to and from Vancouver Island, and the continued travel demand between Western

Canada and Atlantic Canada," said Benjamin Smith, Air Canada's president, in a statement.

Flights to Nanaimo and Halifax will take off for the first time in May, while the Terrace/Kitimat route will launch in June. **METRO**



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Guzoo's owners take province to court

'Confidential' plan.

Couple says minister, staff violated copyright act; activists say it's a 'frivolous lawsuit'



JEREMY NOLAIS

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The couple behind an Alberta zoo are suing the province for copyright infringement, alleging the province mishandled a development plan submitted for the zoo by distributing it to "animal terrorist groups."

Irene Gustafson, acting as agent for Guzoo owner and husband Lynn Gustafson, filed the lawsuit in early November — a copy of it was provided to Metro on Tuesday.

In the statement of claim, the couple alleges the province violated the federal Copyright Act by copying the plan then refusing to return the original copy to Lynn.

The owners are seeking criminal code charges related to the failure to deliver property against Minister of Environmental and Sustainable Resources Development Kyle Fawcett and other staff within his ministry.

"Lynn Gustafson feels strongly that mismanagement and failure on the part of ESRD members to understand the importance of the confidential nature of the book has warranted his request for its return," the lawsuit states.

A representative with the group Voice for Animals said she believes the province will use the "frivolous lawsuit" to

block a judicial review of the zoo requested on claims that Guzoo has failed to provide adequate training, appropriate animal containment, not maintaining a relationship with a veterinarian and other alleged infractions.

Tove Reece, Voice for Animals' executive director, said Guzoo comparing groups like hers to terrorist organizations was "unbelievable."



Guzoo owner Lynn Gustafson

METRO FILE

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Murder trial. Court hears accused was delusional

A psychiatrist says a dog breeder was "actively psychotic" and probably didn't realize he was doing anything wrong when he killed a bylaw officer who was investigating an animal complaint.

Trevor Kloschinsky is charged with first-degree murder in the 2012 death of Rod Lazenby, a retired RCMP officer who was responsible for enforcing bylaws in the Municipal District of Foothills near Calgary.

Kloschinsky's lawyer has said she plans to argue her client was not criminally responsible and forensic psychiatrist Dr. Sergio Santana took the witness stand at the trial Tuesday.

"He displayed a delusional system that he was being per-

secuted by a number of agencies and it had been going on for some time," Santana testified. "He developed the idea that his victim planned to destroy him financially ... that Lazenby was a corrupt police officer."

Lazenby died after going to Kloschinsky's property near Priddis on Aug. 10, 2012. Kloschinsky eked out a living selling blue heeler dogs he raised there.

Court heard an autopsy found Lazenby was strangled and had 56 abrasions, contusions and lacerations to the face, head, neck, body and back.

Kloschinsky, 49, has admitted causing the death of Lazenby, 62.

THE CANADIAN PRESS



Trevor Kloschinsky sits in the prisoner's dock in this artist's sketch at his first-degree murder trial in Calgary on Monday. He is charged in the death of an Alberta peace officer in 2012.

JANICE FLETCHER/THE CANADIAN PRESS

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Volunteers work hard to get Operation Christmas Child boxes packed and ready for delivery to countries in need.

HELEN PIKE/METRO

Police know giving better than getting

Operation Christmas Child. Donations and volunteering brings laughter, togetherness

 HELEN PIKE
helen.pike@metronews.ca

A busy factory floor, much like Santa's workshop, goes quiet for a moment as members of Calgary Police Services (CPS) are piped in, ceremoniously presenting their Operation Christmas Child boxes.

The initiative, put on by Samaritan's Purse, provides children in less-fortunate countries with shoeboxes filled with small gifts, basic toiletries and clothing. This past June, Calgary police partnered with Edmonton police to travel to Costa Rica, where they helped distribute more than 2,000 shoeboxes.

Pure joy

"Those are the most genuine smiles and the most genuine gratitude that I have seen from anybody."

Sgt. Garry Woods, of the CPS Diversity Resource Team, on the reactions from children

"The reaction is something that's very, very hard to put into words," said Sgt. Garry Woods of the CPS Diversity Resource Team.

"To see the smiles and the gratitude on the faces of those children down there ... those are the most genuine smiles and the most genuine gratitude that I have seen from anybody."

Woods added that walking into the warehouse to the sound of applause from volunteers is just the icing on the cake for police; it's not every day the force revels in their work with the community.

Volunteers at Samaritan's Purse work away at boxes coming in from all different

avenues in Calgary.

Frank King, communications manager with Samaritan's Purse, said on average the processing centre ships between 250,000 and 300,000 boxes, checking each submitted package before they send it off to a child in need.

"We have been really blessed over the years to have a very strong partnership with the Calgary Police Service," King said, adding that the police trip to Costa Rica helped create a bond between local police and helped them work together on community policing.

"They've really understood the value of these Operation Christmas Child boxes."



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An in-road light at a crosswalk in Airdrie. COURTESY CITY OF CALGARY

City eyes in-road crosswalk lights

\$50K plan. Councillors mull maintenance effort for pilot project

 ROBSON FLETCHER
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With basic maintenance, in-road crosswalk lights in Airdrie work throughout all of Alberta's harsh seasons, members of city council heard Tuesday before endorsing a \$50,000 plan to try the devices at two locations in Calgary.

Several councillors on the city's priorities and finance committee raised concerns about how well the devices, which would be embedded in the street and sit flush with the road's surface, would fare in Calgary winters.

Coun. Ward Sutherland figured the scoop-shaped lights, which shine upward at oncoming drivers, would quickly get filled with snow, sand and other debris.

"How much would it cost to maintain these so people could

Quoted

"Maybe we need to be tabling it and waiting until the technology's better ... instead of wasting \$50,000."

Coun. Ward Sutherland, on in-road crosswalk lights for Calgary

actually see them?" he asked.

City staff didn't provide a precise cost estimate in response but said the devices in Airdrie typically receive basic maintenance on a weekly to monthly basis, depending on the amount of sand and other material put down on the roads, and Calgary workers could incorporate the 15-minute "hand-sweeping" job into their existing schedules.

A presentation from city staff also suggested "regular tire action" of cars driving over the devices helps keep them clear of debris.

Coun. Druh Farrell suggested the in-road lights, which are considered to be

more effective at getting the attention of distracted drivers than lights above or at the side of the road, would be well suited to a crosswalk on Kensington Road where a pedestrian was killed in August.

"There's so much visual clutter (in Kensington)," Farrell said. "People are window shopping as they're driving, they're people watching. There's so much stuff going on."

City staff said the devices would be best suited for testing in "very urban" locations with "high-pedestrian volumes," but precise sites are yet to be determined.

The majority of the committee voted in favour of the pilot project, with Sutherland and Mayor Naheed Nenshi opposed.

The city would be better off looking at "bylaws for distracted walking," Sutherland added, as he believes too many pedestrians are busy looking at their mobile phones rather than watching traffic when trying to cross the road.

City council, as a whole, still needs to approve the pilot project at a future meeting.

NDP Leader Rachel Notley

Prentice's bill to clean up Alta. government 'all hat, no cattle': NDP

Alberta NDP Leader Rachel Notley says proposed legislation to clean up government is hollow because it's written in a way to allow for quick changes in secret.

"Jim Prentice's accountabil-

ity legislation is the classic example of something which is all hat, no cattle. He promised big and delivered very little," Notley said at a legislature news conference Tuesday.

The Alberta Accountability Act was introduced in the legislature Monday.

Its goal is to fulfil a leadership campaign promise by Prentice to eliminate government greed, cronyism and entitlement, so that Albertans can move on from the spend-

ing scandals under former premier Alison Redford.

Among the changes, there are to be new rules to ensure a level playing field for companies bidding for government work.

There are also to be limits on how much severance can be paid to political staff.

However, both of those changes are not part of the legislation, but instead are to be Treasury Board directives.

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Alberta will not appeal ruling that allows woman to sue over fracking

Alberta will not appeal a court ruling that says a woman can sue the province over hydraulic fracturing that she alleges has so badly contaminated her well that the water can be set on fire.

Jessica Ernst began legal action against Alberta's energy regulator and Calgary-based energy company

Encana in 2007, and amended her statement of claim in 2011 to include Alberta Environment.

Last month, Chief Justice Neil Wittmann of Court of Queen's Bench dismissed the government's application to strike it from the lawsuit.

An Alberta Justice spokeswoman gave no reason for

the government's decision not to appeal.

Ernst alleges fracking on her land northeast of Calgary released hazardous amounts of chemicals such as methane into her well and that her concerns were not properly investigated.

She says she is delighted and surprised by the prov-

ince's decision not to appeal and is looking forward to reading the government's statement of defence.

"After seven arduous years a stunning victory stands," Ernst said Tuesday from her home in the hamlet of Rosebud. "The truth will have its day in court."

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Young Cosette Swart helps fight poverty by putting brush to canvas, selling paintings and donating her earnings to charity. CONTRIBUTED

Little artist, bigger heart

Three years old.

Cosette Swart has raised almost \$3,000 for charity



HELEN PIKE

helen.pike@metronews.ca

Emerging artist Cosette Swart likes to flick paint on canvas. Purple, gold and pink are her favourites and when a paint splat meets the page you can hear her distinctly shout, "Hiya!"

She's sold almost 60 paintings and raised almost \$3,000 — and the young artist is only three years old.

Still a little shy, she lets her mom Kristy Anne Swart do the talking, but when asked why she does it she said it's for the poor people.

"For me, part of the thing is a learning experience of her understanding what money can do and how she can help people," Kristy Anne said. "She gets excited about the fact that her raising this money is helping

ing people live better."

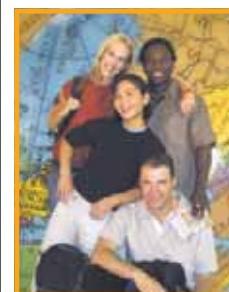
Swart, who is also an artist, said it started as a fun activity, but when she realized how well the paintings were turning out she thought it a great opportunity to connect her daughter's love of art for her desire to help people.

"I got out my old acrylics and she was just really good at it," said Swart. "We had wanted to start raising money and we weren't sure how we would raise the money."

When she put up her daughter's paintings on a website and posted about the project on social media, people all over the world responded. Now Cosette can't keep up with orders, but her mom is determined to keep painting fun and not a chore.

Money raised so far has gone towards World Vision and Charity Water, and Cosette will continue her work while she enjoys it.

"Recently she's been into van Gogh, so now she's all about covering her whole painting with colour," Swart said. "She's three, she's just figuring it out as she goes along, but it's all pretty abstract."



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One of the long-lost vacation photos that was returned to Emily D'Mello of Surrey, B.C., who lost her camera underwater in Cuba three years ago. From left, Madisen Singer, Emily D'Mello and Hailey Olson. CONTRIBUTED

Woman reunited with lost photos

Facebook. Scuba diver in Cuba found B.C. vacationer's camera and profile years later

 THANDI FLETCHER
Metro in Vancouver

When Emily D'Mello felt her camera slip out of her fingers into the ocean three years ago, she thought she'd lost her vacation photos forever.

"My dad had bought me this drop-proof, waterproof camera because I tend to break things," she told Metro, adding with a laugh: "But I still ended up losing it."

The Surrey, B.C., woman was vacationing with friends in Varadero, Cuba, in December 2011 when she was hit

by a wave on the beach that knocked the camera from her hands.

"We looked for it for about 20 minutes but it was long gone," she said.

But last week, D'Mello received an early Christmas present when she checked her Facebook inbox.

There, she was stunned to find one of the long-lost photos along with a message from Ruben Urquiza, who identified himself as a scuba diver in Cuba who had found her camera in the ocean about a year ago.

"I just thought it was insane," she said with a laugh. "It's like one of those things that you see on Facebook and think, 'That's not real.'"

Although the camera was "pretty damaged," the memory card inside had been preserved and, along with

it, D'Mello's vacation photos and videos.

Urquiza, who didn't immediately have Internet access, told her that he eventually managed to track her down online after finding identifying information on one of the images.

"I think I took a picture of my plane ticket, which had my name on it," she recalled.

On Tuesday, D'Mello said she was still in shock. She hopes to one day return to Cuba with her friends and to thank Urquiza in person.

In the meantime, she said she plans on sending a Christmas present to show him her gratitude.

"It's so awesome," she said. "I don't care about the camera. It's just so nice that, almost three years later, I'm getting to see all these photos again."

Urine found in St. John's hospital water cooler

Health officials in eastern Newfoundland say it appears someone poured urine into the tower of a hospital water cooler used by staff and patients.

The Eastern Health Authority says the incident occurred between Nov. 24 and Dec. 2 at an outpatient clinic at St. Clare's Mercy Hospital in St. John's.

David Diamond, president and CEO of Eastern Health, says a substance later confirmed to be urine was discovered in the water cooler on the ambulatory treatment unit on the third floor of the hospital on Dec. 3.

Eastern Health says the supplier of the water cooler confirmed the cooler has safeguards to ensure that

liquid spilled into its tower does not contaminate the water bottle or dispenser.

Diamond says there is no health risk if people consumed water from the cooler.

Police have been notified and other water coolers have been tested and showed no signs of contamination.

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Teen assault survivor speaks at AFN election

With the support of her family, Rinelle Harper, second from left, stands after speaking at the Assembly of First Nations Election in Winnipeg on Tuesday. The Manitoba teenager, who was viciously assaulted and left for dead by the side of a river, has added her voice to the call for a national inquiry into missing and murdered aboriginal women. "I am Rinelle Harper and I am from the Garden Hill First Nation," the 16-year-old said tentatively. "I am here to talk about an end to violence against young (aboriginal) women." The assembly was honouring her with a drumming ceremony at the start of a three-day meeting in Winnipeg. TREVOR HAGAN/THE CANADIAN PRESS

End sharing of info from torture: NDP

Canadian directives criticized. A new U.S. report says that torture does not yield valuable information in fight against terrorism

Maher Arar

Maher Arar, a Syrian-born Canadian, was detained in New York in 2002 and sent overseas by U.S. authorities, ending up in a filthy Damascus prison. Under torture, he gave false confessions about involvement with al-Qaeda.

The official Opposition pointed to a new U.S. report that discredits torture in renewing a call for the Conservative government to rescind its information-sharing policy.

The long-anticipated U.S. Senate intelligence committee report concludes the Central Intelligence Agency's use of simulated drowning, confinement in small spaces, sleep deprivation and threats of violence against family members did not yield valuable information in the post-9/11 fight against terrorism.

In the House of Commons, New Democrat MP Peter Julian said Tuesday the conclusion

doing so may give rise to a substantial risk of torture.

The Canadian policy has drawn criticism from human rights advocates and opposition MPs who say it effectively condones torture.

The federal framework says when there is a "substantial risk" that sending information to — or soliciting information from — a foreign agency would result in torture, the responsible deputy minister or agency head should be consulted.

In deciding what to do, the agency head is supposed to consider factors such as the threat to national security and the nature and imminence of the threat; the status of Canada's relationship with — and the human rights record of — the foreign agency; and the rationale for believing that sharing the information would lead to torture. THE CANADIAN PRESS

For more on the report from the U.S. Senate intelligence committee, see page 15.

Dance teacher recalls meeting with slain actress

The first question Stephanie Moseley's former dance teacher asked the Vancouver-born actress when the cable TV star last dropped by her old studio was about her gleaming engagement ring.

"She said, 'If you look him up, don't judge him by his music,'" Rachel Poirier recalled. Moseley quickly defending her then-fiancé, a Los Angeles rapper named Earl Hayes.

"I said, 'He's nice?' And she said 'Yeah, he's nice. His music doesn't reflect his personality.'

Three years later, Moseley, 30, and her estranged husband Hayes, 34, were both found fatally shot in what the L.A. Police Department had initially concluded was a murder-suicide.

U.S. authorities said in a statement that patrol officers responded to a call for a possible shooting about 7:30 a.m. Monday at a California luxury apartment complex. Officers heard more shots being fired as they arrived. Tactical police found two bodies inside.

Quoted

"She was this wide-eyed, beautiful girl. She was cautious and she never wanted to be the focus of the room — unless she was on stage."

Rachel Poirier, former dance teacher to Stephanie Moseley, talks about the victim.

An early investigation revealed the pair were trying to reconcile in the days before Hayes apparently shot his wife and then turned the gun on himself, Det. Scott Masterson said.

Friends of Moseley from British Columbia are now joining the outpouring of dismay on social media about the death by domestic violence, which shows up as a general theme alongside other lyrics degrad-

ing women in several of Hayes' songs.

Poirier, who taught Moseley jazz and contemporary dance between the ages of 12 and 18 in Vancouver, recalled the raw talent of a young ballerina who grew into a friend with a successful dance and acting career.

Moseley was most recently featured in 12 episodes of the American VH1 drama series Hit the Floor, about a professional basketball dance squad, according to the entertainment database IMDB.com.

Stephanie Moseley

Rachel Poirier remembered feeling excited after discovering the teenager with a quiet, calm talent who showed the potential to grow. Over the years she trained in Metro Vancouver dance studios including Pacific Arts Ballet, Kirkwood Academy and Danzmode.

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Class-action lawsuit in B.C. Veterans charter a 'Liberal policy,' Harper says

The new veterans charter, a marquee deal defended and championed by Stephen Harper's Conservatives since 2006, suddenly became a "Liberal policy" Tuesday as the government weathered more demands for Julian Fantino's resignation.

The veterans affairs minister, who was on his feet constantly during the previous day's question period, rose infrequently on Tuesday in the face of an unrelenting barrage of NDP and Liberal attacks. Instead, he was defended



Prime Minister Stephen Harper

THE CANADIAN PRESS

by Prime Minister Stephen Harper, who tried to put some political distance between his government and a class-action lawsuit in B.C. that argues the

charter is unconstitutional and discriminatory against modern veterans.

"It's actually a court case against the previous Liberal policy," Harper told the House, prompting catcalls of "shame" from the opposition benches.

The charter was conceived and passed by Paul Martin's Liberals with the support of all parties. It was put into force by Harper's Conservatives as one of their first acts after forming a minority government in 2006.

THE CANADIAN PRESS



Senate Intelligence Committee Chair Sen. Dianne Feinstein, D-Calif., is surrounded by reporters on Capitol Hill in Washington, Tuesday as she leaves the Senate chamber after releasing a report on the CIA's harsh interrogation techniques at secret overseas facilities. J. SCOTT APPLEWHITE/THE ASSOCIATED PRESS

Torture did not make America safer: Report

CIA director. John Brennan said agency made mistakes and learned from them

The United States brutalized scores of terror suspects with interrogation tactics that turned secret Central Intelligence Agency prisons into chambers of suffering and did nothing to make America safer after the Sept. 11, 2001, attacks, Senate investigators concluded Tuesday.

The Senate Intelligence Committee's torture report, years in the making, accused the CIA of misleading its political masters about what it was doing with its "black site" captives and deceiving the nation about the effectiveness of its techniques. The report was the first public accounting of tactics employed after the Sept. 11, 2001, terrorist attacks, and it described far harsher actions than had been widely known.

Tactics included confinement to small boxes, weeks of

sleep deprivation, simulated drowning, slapping and slamming, and threats to kill, harm or sexually abuse families of the captives.

But the "enhanced interrogation techniques" didn't produce the results that really mattered, the report asserts in its most controversial conclusion. It cites CIA cables, emails and interview transcripts to rebut the central justification for torture — that it thwarted terror plots and saved American lives.

In a statement, CIA director John Brennan said the agency made mistakes and has learned from them. But he also asserted the coercive techniques "did produce intelligence that helped thwart attack plans, capture terrorists and save lives."

George Tenet, CIA director at the time, said in an interview that the program led to the capture of al-Qaida leaders.

Top Republicans, including Senate leader Mitch McConnell, agreed. But not Democrat Harry Reid, the Senate majority leader. He said, "It got us nothing except a bad name."

THE ASSOCIATED PRESS

Revealed

Six major findings from the newly released summary:

- Interrogation techniques used on terror detainees were ineffective.
- Prison conditions and interrogations were more brutal than the CIA

acknowledged.

- Much of the information the CIA provided to the media was inaccurate.
- Two psychologists who had no experience in interrogations or counter-terrorism invented the

program that was used.

- The CIA actively impeded or avoided congressional oversight.
- CIA officials often gave inaccurate information to the Bush administration.



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Amazon. Buyers can make offers below listing price

Amazon wants you to make an offer sellers won't want to refuse.

For the first time, the largest U.S. online retailer is letting some third-party sellers offer an option where interested buyers can make an offer on an item lower than the listed price.

The seller can then accept, counter or reject the offer. The new service comes in the midst of the busy holiday shopping season, which can account for 20 per cent of annual revenues.

About 150,000 of the millions of items for sale on Amazon are eligible for the service, but that will expand to more third-party sellers in 2015. It is not available for the items that Amazon sells directly.

The eligible products are mainly collectibles, including sports and entertainment collectibles such as signed jerseys, posters and helmets, fine art paintings and historical documents.

The service lets "sellers looking to communicate and negotiate directly with customers in an online market-

U.S. Supreme Court

The U.S. Supreme Court ruled unanimously Tuesday that warehouse workers who fill orders for Amazon don't have to be paid for time spent waiting to pass through security checks at the end of their shifts.

- Long wait. Some workers at Amazon contractor Integrity Staffing Solutions, Inc., claim they wait up to 25 minutes to clear security.

place environment just like they do normally in their own physical store or gallery," said Peter Faricy, vice-president for Amazon Marketplace.

Amazon's competitor eBay, which has long offered auctions for its third-party sellers, has been moving more toward fixed prices.

About 80 per cent of its sales now come from new, fixed-price merchandise, although it still offers auctions.

THE ASSOCIATED PRESS

Market Minute

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87.41
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TSX
14,195.73 (+51.56)

OIL
\$63.82 US (+0.77¢)

GOLD
\$1,232 US (+37.10)

Natural gas: \$3.65 US (+0.05)

Dow Jones: 17,801.20 (-51.28)

Ottawa tackles price gap for goods sold in Canada, U.S.



Two-year-old Finn Mowder listens as Industry Minister James Moore, background, makes an announcement in a toy store in Toronto on Tuesday. Moore announced legislation aimed at ensuring prices in Canada are not unfairly higher than those in the U.S. COLIN PERKEL/THE CANADIAN PRESS

Price Transparency

Act. Legislation meant to name and shame those manufacturers that sell goods for more north of border

The federal government has announced new legislation that is meant to tackle the persistent price gap between goods in the U.S. and Canada.

The Price Transparency Act, tabled in Ottawa Tuesday, is designed to "name and shame" manufacturers and distributors that demand higher prices for goods in Canada, Industry Minister James Moore said.

"This legislation will not set or regulate prices in Canada," he told reporters at a news conference held at a Toys R Us store in Etobicoke.

The announcement follows through on a commitment the government made in its 2014 budget, following

a Senate investigation into the reasons for the U.S.-Canada pricing gap.

The legislation would give the federal Competition Commissioner the power to collect evidence on so-called cross-border price gouging and publicly report its findings.

The commissioner would get tools to investigate cases of alleged price discrimination and the power to compel the production of evidence to expose discriminatory pricing practices.

"We think this is an effective tool" that will result in "immediate downward pressure on prices," Moore said. "We believe those who are engaging in this practice ... will abandon it."

While there are some legitimate cost differences between selling U.S. and Canadian goods, studies have shown that Canadians routinely pay between 10 and 25 per cent more than U.S. shoppers for television sets, cars and tires.

TORSTAR NEWS SERVICE



An example of the pattern used on gift wrap Hallmark took out of circulation. COURTESY HALLMARK CARDS INC.

Hallmark drops 'swastika' wrap

Hallmark Cards Inc. has removed a line of gift wrap from circulation after a customer complained she saw a swastika embedded in the design.

The Kansas City, Missouri-based company alerted retailers Monday after receiving a complaint from a Walgreen's

customer in Northridge, Calif.

The disputed wrap was featured in a Hanukkah display. Hallmark spokeswoman Julie Elliott says the gift wrap wasn't intended for the Jewish holiday.

The Kansas City Star reports the gift wrap was distributed by Walgreen's, which is no longer

selling it.

Elliott said in a news release that Hallmark didn't intend to offend anyone.

She said it was an oversight no one at Hallmark noticed that intersecting lines in the paper could be seen as a swastika pattern.

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VOICES

THEY EVEN SMILE CAREFULLY

While trying to dredge any meaning or purpose of yet another British royal visit to America may seem like a tedious exercise in earnestness, as British Monarchy 2.0, Will and Kate deserve credit for saving the brand. Wait, what was the brand again?



PAUL SULLIVAN
readers@metronews.ca

The Duke and Duchess of Cambridge, a.k.a. Will and Kate, have just finished wandering aimlessly, if somewhat aimlessly, around Manhattan, leading us all once again to wonder why.

I mean what was the point? To hang out with Jay-Z and Beyoncé at courtside to watch LeBron James? To make a speech about trafficking in endangered animal parts? To lay yet another wreath at the 9/11 memorial? To see how Kate handles being five months pregnant (with her usual poise and aplomb)?

Trying to dredge any meaning or purpose of yet another British royal visit to America may seem like a tedious exercise in earnestness. They're a nice enough young couple, which in itself is worth applauding when you consider other members of the family, including the Duke's own brother, Sir Harry Hjinks, or his dad, the Prince of Embarrassing Things.

So rather than leave Americans with a bad taste in their

mouths from the last royal visit — Harry's assault on Vegas that failed to stay in Vegas — why not send that nice young couple? Everyone smiles and bows and then they go home for more of the same: Deferential adoration.

As British Monarchy 2.0, Will and Kate deserve credit for saving the brand — which is great until we start asking, "So what's the brand, again?" The bad old days made sense: Back when Charles



METRO PHOTO ILLUSTRATION

More than just books: Why libraries empower us all



MIKE DONACHIE
Metro in Toronto

Take a look at our libraries, and you can read us like a book. Mention public services, and the mind leaps to health care or police, or maybe garbage collection, transit or road repairs. Mention a library, and many people will think of a dusty building filled with endless shelves of battered tomes. They'd be wrong, at least nowadays.

But library services need to be at the forefront of modern public services, sweeping away

that dusty old image, and here's why. Libraries are far more important than many people think. They unlock our potential to learn, and modern times have seen them branch out to far more than just books.

In Toronto, for example, public library staff report that 72 per cent of citizens visited a library within the past year, with individual "uses" — and that's in every imaginable way — hitting almost 97 million in 2013. Interestingly, the city's engagement with paper books

dropped by 27.3 per cent. But the use of electronic collections, including e-books, doubled in 2011, then 2012 and again in 2013. They now represent 10 per cent of the circulation of books in Toronto's libraries.

The trend is not limited to big cities. In neighbourhoods across Canada, libraries are feeding the appetite for information in the information age.

A library is still a way to find information, but you can also make connections, attend events, hear music, access the Internet and more. There are educational programs, art exhibits, reading clubs, talks and social gatherings. You can find 3D printers, toys and havens for newcomers, new mothers

and the elderly. Canada spends more than \$1 billion a year on libraries from public funds, at different levels of government, and has done so every year since 2008-09, according to Statistics Canada, and that shows the degree to which we value these institutions.

Calgary's building a beautiful new central library, at a cost of \$245 million, with a four-storey central atrium and a huge skylight to shed light on the more than half a million books the place will hold when it's completed in 2018. Halifax's new central library, costing more than \$50 million,

opens next week, and the excitement level is high.

Investment in library services is a measure of a society, and Canada's investment is in the future. With newcomers pouring in every year — in 2013, this country welcomed more than 270,000 new permanent residents alone — the need to learn is greater than ever before.

When the people of Canada improve themselves, Canada improves. So, as municipalities get ready to set their budgets for the coming year, they need to be kind to their libraries.

It's an investment in us all.



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Gossip

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES



Jessica Alba ALL PHOTOS: GETTY IMAGES

Sony hack reveals how celebs give aliases a bad name

The Sony hack is the gift that keeps on giving for fans of entertainment industry schadenfreude. While we certainly don't condone employees having their Social Security Numbers released or families threatened via email, there has been a certain degree of pleasure in seeing how they really feel about Adam Sandler movies. And the latest bit of info may be the best.

A document has surfaced featuring contact information used during filming, including the fake names

celebrities go by to remain undetected. And oh my, these are fantastic.

Some sound like dime-store detectives — ahem, Tom Hanks — while some like porn stars — looking at you, Tobey Maguire.

Some, like Ice Cube, just use their real-life names, which is boring. And Taye Diggs apparently just wants people to think he's someone related to Taye Diggs.

But the absolute best? Jessica Alba, who apparently goes by the code name Cash Money.

Here's the list:

- Tom Hanks: Harry Lauder and Johnny Madrid
- Sarah Michelle Gellar: Neely O'Hara
- Tobey Maguire: Neil Deep
- Natalie Portman: Lauren Brown
- Clive Owen: Robert Fenton
- Rob Schneider: Nazzo Good
- Taye Diggs: Scott Diggs
- Jude Law: Mr. Perry
- Daniel Craig: Olwen Williams
- Ice Cube: Darius Stone and O'Shea Jackson
- Debra Messing: Ava Harper
- Jessica Alba: Cash Money



YouTube star Connor Franta comes out

Super-popular YouTube star Connor Franta recently announced to his 3.6 million YouTube subscribers and 2.37 million Twitter followers that

Connor Franta

he is gay in a heartfelt video. If you're not sure what a Connor Franta is, go ask a teenager. Anyway: "2014 is truly the year that I have accepted who I am and become happy with that person. So today I want to talk to you guys about that and be open and honest, and tell you that I'm gay,"

Franta says in the video. Franta joined YouTube

in 2010 and until earlier this year was a part of the successful vlog channel Our2ndLife.

He explains that it had taken him a long time to accept himself. "I was tired of running. I was tired of hiding," he says. "I just want to be me and not be afraid."

His fans have been very, very supportive — well, most of them, at least.

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Ariana's naughty aside a nice surprise for Sheeran

Apparently while everyone else was watching models strut the runway during the Victoria's Secret Fashion Show, Ariana Grande was making Ed Sheeran crack up with some risqué humour. "Can I tell you why I was laughing?" Sheeran explains in an interview with Elvis Duran. "Basically, there were all these big inflatable bouncy black balls that are bouncing around in the crowd on the finale bit. Ariana Grande comes and stands up next to me and just looks at me and goes, 'I love big black balls.' In my head I was like, 'If she knows what that means, then I love her, and if she doesn't know what that means, it's even better.'"

I'm going to go out on a limb here and guess that she does in fact know what that means.

Grumpy Cat purrs down a cool \$100M? Surly not!

Tell the Internet it can calm down, because that report in the Express about online sensation Grumpy Cat pulling in \$100 million? Let's just file that under "wildly inaccurate."

Proud owner of Grumpy Cat, Tabatha Bundesen, tells the paper, "I was able to quit my job as a waitress within days of her first appearance on social media, and the

phone simply hasn't stopped ringing since," which is either hyperbole or a terrifying way to live. But Bundesen tells the Huffington Post that while Grumpy Cat has pulled in plenty of cash thanks to appearances, endorsements and a new Lifetime Christmas movie, the Express is way off with its \$100 million claim.

But Lil Bub? That guy's totally a billionaire.



Grumpy Cat

2
SCENE

Skulduggery, greed and sex: This Marco Polo is no game

Streaming. Think GOT with martial arts as Netflix series follows 13th-century explorer on the Silk Road to the court of Kublai Kahn

RICHARD CROUSE
scene@metronews.ca

A year ago, Edmonton-born actress Olivia Cheng says she was familiar with Marco Polo as an Italian traveller "and I obviously knew about the swimming pool game, but that is about it."

Now, as the star of the new Netflix adventure series about Polo's early years, she's captivated by the story.

"When I saw the first script I said, 'Where's the second script? Then the third, fourth, fifth...'"

The handsome 10-episode season follows Polo's travels on the Silk Road to the court of Mongolian emperor Kublai Kahn.

It's a study of political skulduggery, greed and sexual politics, 13th-century style.

Imagine Game of Thrones with martial arts and an international cast headed by Rick The Fast and the Furiouss Yune and Joan Chen and you get the idea.

"All of my stuff was shot in studio in Malaysia," says Cheng, who spent five months on location.

"I've never had an opportunity to immerse myself so fully in a role and be able to focus like that."



Olivia Cheng, left, and Joan Chen star in a 10-part Netflix series about Marco Polo. PHIL BRAY FOR NETFLIX

You're almost in a cocoon or a bubble, where you are constantly thinking about the story, constantly thinking about the nuances. I would often walk from set to set watching different scenes. I just got to immerse myself in the world of Marco Polo and experience a cultural adventure that I'm really grateful for."

The actress, who also plays Linda Park on Arrow and The Flash, says the show's elaborately tailored wardrobe helped her find

the character of Mei Lin, a royal concubine and martial arts expert.

"When you have the beautiful costumes, you are able to step into a world and suddenly it informs you," she says.

"That is a huge gift as an actor because a costume can make you move a certain way; you are in your body in a certain way because of the weight of the material. For me, I felt like it made me so much more graceful. You have to be, in order not to

trip in those costumes."

But just as interesting as watching the world of Marco Polo being built was a scene where she tries to pull it all apart.

"I can't tell you how amazing it was to get to film White Moon — this epic fight scene with 200 extras all dressed in white," she says.

"I felt so grateful because I saw all the effort it took to create this world for me to run in and try and destroy it."

Obama sends himself up on Colbert Report's The Word



President Barack Obama talks with Stephen Colbert of The Colbert Report.
SUSAN WALSH/ THE ASSOCIATED PRESS

His daughters mock his big ears, he leaves his socks on the floor and sitting behind Stephen Colbert's desk, he said, gives him a greater sense of power.

When President Barack Obama was not seriously defending his economic record, his executive actions on immigration and his delayed decision on the Keystone XL oil pipeline Monday on The Colbert Report, he was playfully confiding that the trappings of the presidency really don't go to his head.

"When I go home, Michelle,

Malia and Sasha give me a hard time," he told host Stephen Colbert. "There are no trumpets, and they tease me mercilessly."

It was Obama's third appearance on the show, his second as president, and marked the beginning of the final two weeks for the Comedy Central program. Colbert will take over for David Letterman on CBS' Late Show next year.

Obama kicked off the show sitting in for Colbert to perform a regular feature of the program called The Word wherein Colbert's rants are ac-

TV. Leoni head over heels for Madam Secretary role

It took surprisingly little for Tea Leoni to take on a lead role in a network television show — which she did for the freshman political drama Madam Secretary — just word from her kids that they'd rather not have her around the house that much.

"I'd been struggling for a while with this idea of committing to something that could be — potentially, we hope — a long endeavour," she remembers. "I was walking across the street with my son, who's 12, and I said, 'I'm thinking about doing this thing. If I do this, I could be very busy for a while.' He looks up at me and is like, 'Mom, it's totally fine.' I was like, 'Really?' And he says, 'Yeah. We were really getting sick of you anyway.' So it was great to have that blessing, honestly."

On the series, Leoni plays U.S. Secretary of State Elizabeth McCord, and she admits that a lot of people have jumped to a pretty obvious conclusion when it comes to her model for the character — former Secretary of State and presumptive presidential nominee Hillary Clinton. But she insists they're completely off-base.

"I've certainly been asked if I met with Hillary. And obviously it's the blonde hair, right off the bat. I swore, I said, 'No, it's Kissinger,' but whatever," Leoni jokes. "The truth is the first place in my mind that I went was not toward a particular political figure or in particular a female Secretary of State, since we've had three. I thought more about my grandmother — who founded the U.S. fund for UNICEF, who was the volunteer president for almost 30 years and raised five kids and 27 grandchildren — and what it was for her to be travelling around the world and coming home and being a mother. I think about my friends who are



Tea Leoni CONTRIBUTED

Quoted

"I've certainly been asked if I met with Hillary. And obviously it's the blonde hair, right off the bat. I swore, I said, 'No, it's Kissinger,' but whatever."

Tea Leoni, jokes about assumptions her Madam Secretary is based on Hillary Clinton

up to it, who are working mothers and what that's about."

Leoni, for her part, finds Secretary McCord incredibly easy to relate to. "I certainly do when I think about the heels that I'm wearing and the hours that I keep and my children at home. Those three things are very much the same," she says.

"The shoes, God damn it, can we just talk about the shoes? I tell you, that's the hardest part of my job. I am in high heels for sometimes 17 hours in a day. My feet are killing me. I don't know how we do it. I can't even imagine how John Kerry's handling it."

NED EHRLICH/METRO IN HOLLYWOOD

law and has been done by previous Democratic and Republican presidents."

So when Obama, as Colbert, declared that there are aspects of Obamacare that people from both parties actually like, the text aside to the audience read: "Everything but the Obama."

Later, Colbert accused Obama of exceeding his authority on immigration. "When did you decide to burn the Constitution and become emperor?" he asked.

Obama dropped the comedy and replied: "Actually, Steve, everything that we have done is scrupulously within the

THE ASSOCIATED PRESS

Obama didn't miss a beat: "The greatest pundit."

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22

TRAVEL

metronews.ca
Wednesday, December 10, 2014

Snow much more than skiing

Winter wonderlands.

Alpine sports are the big draw at many of these resorts, but they also do a good job of entertaining the chalet dwellers

It may seem that skiers hold a monopoly over winter. But luxury ski resorts are increasingly recognizing that winter doesn't only belong to snow bunnies by launching innovative new activities — think snow paragliding and igloo building — for their non-skiing guests.

For couples who have a hard time reconciling one person's ski needs and the other person's aversion to frozen toes and broken limbs, online booking site Trivago has curated a list of some of the most luxurious hotels that double as wintry fairylands.

The Omni Homestead, Hot Springs, Va.

While your partner heads out to carve snow, take a soak in the outdoor, adult-only hot springs at The Omni Homestead tucked into the Allegheny Mountains. The property, which has hosted 22 U.S. presidents, sits on the largest private hot springs in Virginia. Once you're sufficiently warm and toasty, head over to the on-site movie theatre. Other activities include ice skating, snow tubing, and snowmobile tours.

Les Airelles, Courchevel, France

Famed for its world-class skiing, the village of Courchevel 1850 is part of Les Trois Vallées, the largest ski area in the world. At Hotel de Charme Les Airelles, adventure seekers can explore the area by horse, snowmobile,



While skiers are hitting the slopes, non-skiers can soak in the mineral pool at The Fairmont Banff Springs. AFP FILE

snowshoe, or even helicopter. Gastronomes can look forward to Michelin-grade fare at Pierre Gagnaire for Les Airelles.

The Fairmont Banff Springs, Banff, Alta.

It's called Canada's 'Castle in the Rockies,' for good reason. Guests have a slew of winter sports activities to choose from at the stunning, 19th-century property, including canyon ice walking, dog sledding, ice fishing, and the very Canadian sport of curling. Thaw out at Banff's hot springs or at the hotel's mineral pool.

The Cambrian, Adelboden, Switzerland

This one's for the design hound who values the importance of esthetics. Contemporary and minimal in design with cowhide accents and luxury furnishings from B&B Italia, Porada and Knoll International, all rooms are equipped with a flat-screen TV, DVD player and Wi-Fi. Non-ski activities include snow tubing, winter hiking,



The St. Regis Aspen Resort boasts the best spa in the world, as named by Travel + Leisure magazine. AFP FILE

igloo building, ice climbing, night sledding, and even snow paragliding.

St. Regis Aspen Resort, Aspen, Colo.

One of St. Regis's biggest non-ski assets is its Remede Spa, which holds the distinction of being named best spa in the world by Travel + Leisure magazine. After a tiring day on the slopes or snowshoes, guests can try out their innovative

new treatment, the Farm-to-Massage-Table, an interesting twist on the gastronomic farm-to-table trend. The concept uses locally sourced and natural ingredients in its treatment.

Cristallo Spa & Golf, Cortina d'Ampezzo, Italy

About two hours from Venice, in the Dolomites mountain range, sits the Cristallo Spa and Golf, a luxury resort that's also renowned for its world-class

Four Seasons, Whistler B.C.

As the largest ski resort in North America, the Four Seasons Whistler has earned itself a solid reputation among ski bunnies. But aside from skiing and snowboarding, the luxury resort offers another activity that's not exactly synonymous with winter: golf. On the 18th green, putters will be met with a PGA pro, board a private helicopter to fly 8,000 feet (2,438 metres), and undertake a glacier tee-off from the 19th hole. With tips from your personal PGA golf coach, participants get set to make their longest drive and slam their biodegradable golf ball into the abyss of the wintry Canadian mountain range.

spa that includes everything from anti-jet lag facial treatments and Lomi Lomi massage, characterized by slow, winding movements that evoke the rippling of waves for long-lasting relaxation. The hotel is near the Olympic bobsleigh track for non-skiing thrill-seekers.

Montage Deer Valley, Park City, Utah

Montage Deer Valley only opened in 2010 but has already amassed a string of accolades from travel publications like Condé Nast Traveler and Travel + Leisure in categories like best hotel, spa and resort. This winter season, activities include cross-country ski, snowshoeing, tubing, ice-skating, snowmobiling, dog sledding, fly fishing and train rides. Guests can also visit nearby Utah Olympic Park to watch top athletes train in Nordic jumping, bobsled, luge and skeleton. AFP

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While Miami is still synonymous with "fun and sun," it's also evolved into a more cosmopolitan destination over the past five years, with an emphasis on art and culture.

"We've always had the excitement of South Beach and the waterfront cafés, but downtown Miami has become another great destination," said Rolando Aedo, CMO and EVP with the Greater Miami Convention & Visitors Bureau.

A few years ago, that was unheard of; the downtown core would empty out after the workday. Now it's enjoying a renaissance, where you'll see residents with baby strollers walking their dogs alongside some of the city's best new restaurants, shops



Miami is still synonymous with fun and sun. While there's plenty of that, the city also boasts much more. GREATER MIAMI CONVENTION & VISITORS BUREAU

and museums. Downtown Miami's Museum Park, for example, houses the new Pérez Art Museum Miami (PAMM), designed by Herzog & de Meuron (the same architects that designed Beijing's Bird's Nest Stadium).

Just north of the downtown core is the Wynwood

Arts District, the epicentre of Miami's creative community. Neglected warehouses and shuttered factories have been transformed into art galleries, performing arts spaces, antique shops and eclectic bars, and the area features one of the largest open-air street art installations in the world.

"Practically every building has a mural by a street artist," said Aedo. "They're being commissioned by (building owners) to wrap



Downtown Miami: It's probably the only place in the U.S. where a man can get away with wearing a white blazer. GREATER MIAMI CONVENTION & VISITORS BUREAU

buildings in amazing street art."

These neighbourhoods — as well as Miami's heritage neighbourhoods, such as Little Havana and Little Haiti — have become destinations unto themselves, he said.

In Little Havana, visitors can stroll the sidewalks, have a shot of high-octane Cuban coffee and watch grumpy old men playing dominos. "It's a truly authentic, organic experience," said Aedo. And Little Haiti — which offers art galleries, eth-

nic food and indie music — is a burgeoning centre for small independent businesses.

The city has also been investing in infrastructure that makes it easier for visitors to get around. It spent \$8 billion to modernize its airport, which offers direct rail access to downtown Miami in 15 minutes, with free trolley and metro transit around the city.

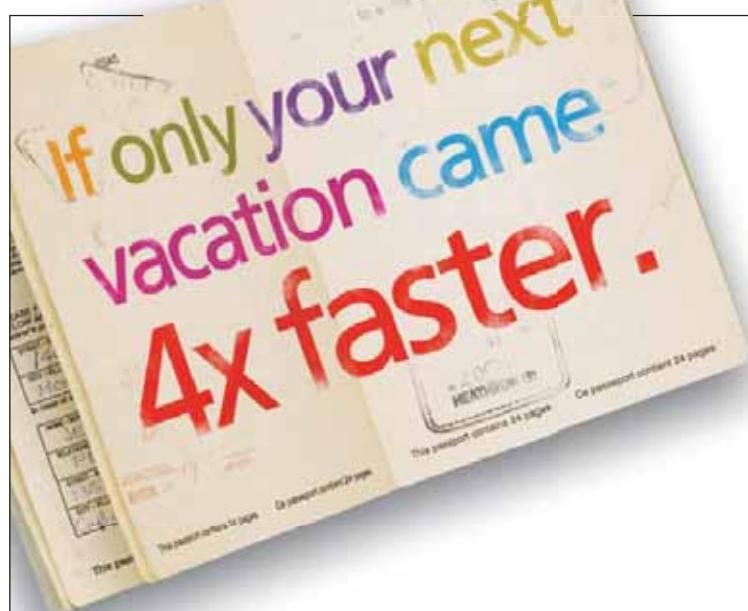
Miami currently has about 45,000 hotel rooms and is adding an additional 8,000 rooms

Miami Temptations

- The Miami Temptations program showcases a unique Miami experience each month, offering discounts and deals for visitors. In August, for example, Miami Spice offers deals on three-course meals by world-renowned chefs, showcasing the best of Miami cuisine.

over the next five years. The Thompson Miami Beach — where art deco meets modern Miami — recently opened its doors, and Hong Kong's EAST brand is set to open its first U.S. property in Miami's downtown financial district in 2015.

But a visit to Miami would be remiss without taking in its iconic, art-deco hotels along South Beach. Back in the '80s, these buildings sat empty and dilapidated. "We can trace our success (in the tourism industry) to the saving and restoration of those art-deco hotels," said Aedo.



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These aren't mom's breakfast pancakes



This recipe makes 32 blinis. EMILY RICHARDS

Smoked Salmon Served on Buckwheat Blinis.

Blinis. Impress guests with an appetizer that offers various textures



DINNER EXPRESS
Emily Richards
food@metronews.ca

Entertaining this holiday season will be super easy if you have a few great recipes to keep on hand — like these Blinis.

When planning a get-together make sure that you are not alone in preparing some fun food. Switch things up by making the dishes with your friends and enjoying the company.

Digging into tasty morsels with a great glass of wine, cocktail or bubbly will be even more enjoyable if you've bonded over making them.

These tender little pancakes are topped with lemon cream cheese and smoked sal-

mon. They are a perfect nibble for a night in with friends.

- In a bowl, dissolve yeast in water and stir in 1 1/4 cups (300 ml) of the buttermilk; let stand for 10 minutes or until frothy.
- In another bowl, combine both flours and salt. Sift flour mixture into the buttermilk mixture and stir until well combined. Stir in remaining buttermilk.
- Whisk egg yolks into the batter. Cover and set aside in a warm place to rise for about 1 hour or until batter is bubbly.
- Beat egg whites until stiff peaks and fold into the batter. Cover and let rise for 1 hour.
- Lightly brush nonstick skillet with some melted butter and heat over medium high. Spoon 1 tbsp (15 ml) of the batter for each blini and cook for about 1 minute, until bubbles break through. Turn blini over and brown for another 30 seconds. Remove from pan, and place on a plate so they do not get soggy; repeat with

Ingredients

- 2 tsp (10 ml) traditional active dry yeast
- 2 tbsp (30 ml) lukewarm water
- 1 3/4 cup (425 mL) lukewarm buttermilk
- 1 cup (250 ml) all purpose flour
- 1 cup (250 ml) buckwheat flour
- 1 tsp (5 ml) salt
- 2 eggs, separated
- 2 tbsp (30 ml) butter, melted
- 1/2 cup (125 ml) cream cheese, softened
- 1 1/2 tsp (7 ml) grated lemon rind
- 1 tsp (5 ml) lemon juice
- 1 lb (500 g) thinly sliced smoked salmon
- Chopped green onions (optional)

remaining batter.

- In a small bowl, combine cream cheese, lemon rind and juice. Spread some of the cream cheese mixture onto the blinis. Roll sliced salmon around your finger to create a rosette and place on blini. Sprinkle with green onions to serve if desired.

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Manage your goals during the holidays

Career. 'Tis the season for stressful, stacked-up schedules. Here's how to figure it all out while still feeling festive.

CELINE
TARRANT
TalentEgg.ca

On the heels of Halloween and Thanksgiving, December brings with it the busiest time of year for most people.

Along with an already hectic work schedule, you now have holiday parties, a never-ending list of gifts to buy, holiday traffic to beat and travel plans — and you still have to deliver on every deadline.

It's easy to let work get sidelined and pushed off until things calm down. Good time management is critical to make sure you can follow through on all your commitments, while still enjoying the holidays.

Here's how you can effectively manage your professional goals during the busy holiday season, and set yourself up for success in the New Year.

Make a list, and check it twice

If there was ever a time to truly embrace the to-do list, this is definitely it. Whether you use your Outlook calendar, an app, or pen and paper, commit to writing down every single obligation.

In addition to meetings and project deadlines, block out short chunks of uninterrupted work time where you don't check email or answer calls (when possible). Distraction-free work time does not exist during this busy time of year — unless you make it for yourself.



It's better to do the important things very well than try to take on everything at once. It will speak volumes about you as a professional if you can effectively prioritize. iSTOCK

Include things that you might not usually put on your to-do list like shopping, parties, gym time, holiday baking, meal-prep, travel plans, and even when you plan to wake up and go to bed.

Scheduling every detail of your life may seem cumbersome, but seeing how you plan to spend all your time is

an extremely powerful tool, and will help you figure out how you can fit everything in. Or maybe it will reveal where you are needlessly wasting precious time each day.

As you complete each task, indulge in the satisfaction of crossing it off your list. These are small wins to be savoured every day.

Prioritize, prioritize, prioritize

After making such a detailed to-do list, it's tempting to try to power through it as fast as possible and get everything done, but this often results in burnout or a series of half-done jobs that need to be re-worked in the New Year.

Be honest with yourself about what items are critical and which are not.

Be realistic — know when to say 'no'

It's important to be realistic with yourself about how much you can get done.

- Despite your best intentions to be a productivity master during this busy season, everyone has limits.
- Take the time to really prioritize rather than just try to get as much done as possible.
- Pick your professional and social obligations carefully, and don't overcommit yourself. If you set the right priorities for yourself and stick to your to-do list, you can manage your professional goals during the holidays, and have a little fun, too.

For the love of lists

Scheduling every detail of your life may seem cumbersome, but seeing how you plan to spend all your time is an extremely powerful tool, and will help you figure out how you can fit everything in.

about what items are critical and which are not.

Get what you need from others

Business continuity is often a challenge during the holidays, with people on vacation or out sick.

You're more likely to get an out-of-office email than an actual response, so it can seem impossible to move projects forward or get any real work done.

The last thing you want is to miss an important deadline because you forgot to collect a key piece of work from someone who just went on vacation.

Make sure you know what deliverables you need

to progress your work, and follow up with people. Keep track of your team's and boss' vacation time so you schedule important meetings before they leave, and establish a contingency plan if something goes wrong.

Extend the same courtesy to others. Your boss may have approved your vacation, but gently reminding them is always a good idea so they aren't blindsided when you don't show up for two weeks.

Don't put professional development on the back burner

Remember that stack of whitepapers you've been meaning to read? Or that industry holiday party that you still haven't RSVP'd to attend?

Despite competing demands for your time during the holidays, professional development should always be a priority for those who want to stay at the top of their game in today's job market.

Take advantage of your morning commute, long drives to visit out-of-town family, and vacation-bound flights to catch up on your industry reading, webinars, and to wish the people in your network happy holidays.

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I'm scared to speak my mind at meeting time

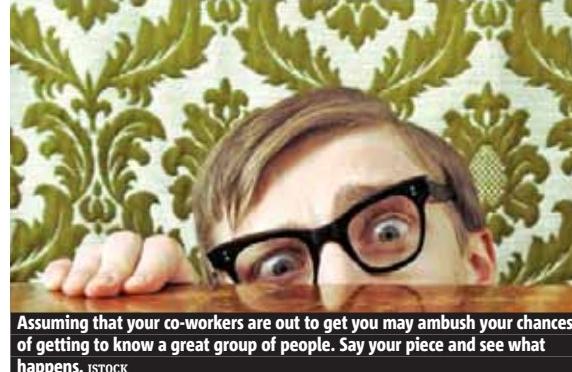


OFFICE SPACE
Eleni Deacon
life@metronews.ca

Dear Metro,
Everyone in my office has an aggressive personality — except me. I'm so shy that lately I'm finding it difficult to even speak in meetings. I want to share my ideas and opinions, but I'm nervous to get shot down by all the other, louder people. How can I get over my nerves?
— Mute Wuss

Dear MW,
So you're the anxious, silent type. You respond to your colleagues' squawks with no response at all. But here's a suggestion: You're not actually afraid of your co-workers. You're afraid of disappointing yourself.

By taking the focus off others and onto yourself, you take back control. Don't ask, "How can I impress those



Assuming that your co-workers are out to get you may ambush your chances of getting to know a great group of people. Say your piece and see what happens. ISTOCK

loudmouths?" Instead ask, "How can I be happy with my own contributions, regardless of how the loudmouths react?"

If possible, prepare. Bringing notes to your meeting, and even rehearsing beforehand, will help smooth over your stumbles.

In the moment, trap the butterflies in your stomach with clichéd but effective

calm-your-nerves techniques. Breathe deeply, count to 10, and have water on hand to sip away any croaks in your throat.

And if these methods don't work, just open your mouth and see what happens.

Because what's worse — your co-workers disliking your ideas, or thinking you have no ideas at all?



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Don't play favourites — especially if you're a manager. If you're considering getting gifts, make sure you get everyone on your team a little something. ISTOCK

Getting ready for an office gift-giving

Career. The time for buying professional presents is nigh, but what on Earth will you be purchasing?

RIANA
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Although it's wonderful to exchange gifts during the holidays, the process can also be stressful. This is especially true if you aren't sure about the protocol for gift-giving at work.

The nature of your interactions will dictate what kind of gift it's appropriate for you to give. If your co-worker is someone you also consider a friend, or if you have a relationship with them outside of work, the gift you choose should be more

Do include a card

- Use a card to express your gratitude for a co-worker's help, an employee's above-and-beyond performance, or a boss's mentorship over the past year. Chances are your words of appreciation will mean just as much as — if not more than — the gift you picked out.

personal. If you have a strictly professional relationship with a colleague, you should choose an item that is more generic. If you don't know someone very well, opt for something the recipient can use at work like a calendar or fancy pen set. Here is a list of dos and don'ts to help you choose appropriate gifts for

your co-workers, boss, clients or employees.

Don't choose gifts that are overly expensive

They can make other people in your office uncomfortable, make it look like you're trying to buy your way into someone's good books, or make the recipient feel like they have to reciprocate at the same level.

Do review your office rules

Make sure you're not breaking any HR policies with your gift. If you're not sure about your gift, go with something else.

Don't make a show

If your company hasn't organized a gift exchange and you've only got presents for some of the people you work with, exchange them discreetly to prevent others from feeling left out.



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10 reasons to give

Easy and accurate, you can't go wrong with cards

With just a few weeks left before Christmas, it's time to get serious about finishing your gift shopping. Have you considered getting friends or family members a gift card? While some people think they're a bit of a cop out, here are 10 reasons why Santa probably wraps up gift cards, too.

1. EASY TO BUY. If you don't enjoy shopping, buying a gift card online or from a store is simple and straightforward.

2. TIME IS RUNNING OUT. Gift cards are faster to buy than traditional gifts, according to a recent National Retail Council survey. According to Ottawa University student Kieran McKinnon: "In the super-stressful holiday season sometimes it becomes necessary to go for an approximation of what someone might like, rather than the actual thing."

3. ALL ABOUT THE RECIPIENT. Gift cards put the selection of gifts completely into the hands of the recipient. Says McKinnon: "Receiving a gift card gives someone the chance to choose exactly what they would like for Christmas." According to the

THE 3 GIFT CARDS

- **Anywhere card:** A gift card from Visa or MasterCard, for example, can be used wherever that credit card is accepted.
- **Somewhat limited:** This card can be used at a limited number of merchants – a mall gift card is a good example.
- **One shop:** The card can be used at the one store but at any location.

NRC survey, more than half of us buy gift cards for this reason.

4. A PERFECT SOLUTION. If you know someone who has everything, a gift card is perfect.

5. A SPECIAL GIFT. The person who receives a gift card has to buy something – and maybe something really special. Says Centennial College student Kelly-Celina Batris: "I like getting a gift card because it lets me buy things for myself that I might not have otherwise."



SHUTTERSTOCK

6. GOOD ON YOU. Provided you think about which card to give and it's appropriate, giving a gift card shows you put some effort into the gift.

7. PORTABILITY. A gift card is easy to send to friends or family who live a long ways away.

8. NO RESEARCH REQUIRED. Giving a gift card is a thoughtful gesture even when

you don't know the recipient that well. Send one to a client or work colleague ... it's a great gift.

9. MAKE NO MISTAKE. There's no risk of disappointment with a 'wrong' gift or anyone having to return anything.

10. IT WON'T GO TO WASTE. Let's say the recipient hasn't finished their shopping ... a gift card an easy gifts to re-gift.



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Flames foiled by hot Maple Leafs goalie

NHL. Bernier puts up wall to hand Calgary second straight loss

Jonathan Bernier made 32 saves and James van Riemsdyk scored the winner early in the second period as Toronto defeated Calgary 4-1 Tuesday, sending the Flames to their first back-to-back regulation losses this season.

Peter Holland opened the scoring for Toronto which got empty-net goals from Phil Kessel and Mike Santorelli. The Maple Leafs wrapped up a five-game homestand at 4-1-0 before 19,122 at the Air Canada Centre.

Markus Granlund scored for the Flames, who trailed 2-0 going into the third.

Calgary outshot Toronto 33-27.

The Leafs (15-9-3) are now 6-1-1 since a pair of lopsided losses to Buffalo and Nashville. The Flames (17-10-2) were coming off a 3-2 loss to San Jose that snapped a four-game win streak.

Toronto got a sharp outing from Bernier in his ninth straight start and 11th in 12 games. Bernier, who made 44 saves in Saturday's win over Vancouver, came into the game with a 3-1 career mark against Calgary with a 1.75 goals-against average and .944 save percentage.

Jonas Hiller, who had lost all four previous starts against the Leafs, was in the Flames goal after five consecutive starts by Karri Ramo.

A goal-saving stop by Ber-



Leafs goalie Jonathan Bernier and Calgary Flames forward Lance Bouma watch a deflected puck cross the crease on Tuesday night at Air Canada Centre. Bernier made 32 saves in the Leafs' 4-1 win. NATHAN DENETTE/THE CANADIAN PRESS

On Tuesday

4

Maple Leafs

1

Flames

nier on Johnny Gaudreau in close midway through the first period turned into a goal at the other end when, on the ensuing rush, Joffrey Lupul beat a defender down the boards and sent the puck over

to the net. David Clarkson's rebound went to Holland, who stuffed it in at 10:46 for his seventh of the season and second in as many games.

The Flames deserved better after a hard-working, enterprising period in which they outshot the Leafs 13-8. But the tables turned in the second period.

Toronto came into the game as one of only two teams unbeaten when it scores first (11-0-0 before Tuesday). Things looked bright after 20 minutes given the Leafs' league-best second-

period goals total (39 prior to puck drop).

The Leafs made it 2-0 on the power play at 2:51 of the second, after a heads-up play by Nazem Kadri. Rather than shooting himself from the face-off dot, the Toronto centre slid a perfect pass over to van Riemsdyk, who redirected the puck past Hiller from in front for his 11th of the season.

Dion Phaneuf got an assist on the play, the ex-Flame's first career point against Calgary in seven games.

THE CANADIAN PRESS

NHL

Bell Centre roars again for Bélieau

The Bell Centre crowd stood and cheered for several minutes Tuesday night after a moving tribute to legendary captain Jean Bélieau ahead of the Montreal Canadiens 3-1 win over the Vancouver Canucks.

A 15-minute pre-game ceremony in honour of Bélieau, one of the team's iconic players and personalities who died last week at 83, caused his widow Elise Couture Bélieau to alternately weep, pray and thrust out her arms in thanks to the crowd. THE CANADIAN PRESS

NBA

MVP scores 23 in home debut win with Thunder

Kevin Durant scored 23 points in his first home game of the season, and the Oklahoma City Thunder beat the Milwaukee Bucks 114-101 on Tuesday night.

Durant, the reigning MVP, missed the first 17 games with a broken bone in his right foot, then played three road games before making his home debut. He shot 7 of 11, made all eight free throws and added nine rebounds and seven assists.

Russell Westbrook scored 28 points for the Thunder, who have won five of six after starting the season with a 3-12 record.

O.J. Mayo had 18 points and Giannis Antetokounmpo added 17 for the Bucks, who have lost five of six. THE ASSOCIATED PRESS

Norris talk too early for Giordano's liking



Flames captain Mark Giordano hits Leafs forward Mike Santorelli on Tuesday night. STEVE RUSSELL/TORSTAR NEWS SERVICE

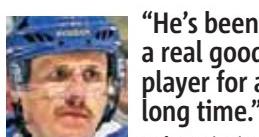
Flames blue-liner Mark Giordano has to be considered among the early candidates for the James Norris trophy as the NHL's best defenceman.

However, he isn't ready to start making room in his trophy case.

"I think it's early," Giordano said before Tuesday's 4-1 loss in Toronto. "A big credit goes to our system, and my partner, (T.J.) Brodie. In my opinion, he's been our best player this year."

Going into the game, Giordano, a 31-year-old Toronto native, was leading NHL rear-

Heck of a roommate



"He's been a real good player for a long time."

Leafs captain Dion Phaneuf who lived with Mark Giordano during his time with the Flames

guards in scoring with seven goals and 21 assists for 28 points.

This has all the earmarks of a career year for Giordano,

whose best campaign was last season when he tallied 14 goals and 33 assists for 47 points in 64 games.

The Flames have three defencemen in the top 15 in scoring among NHL rearguards, including Giordano, Dennis Wideman and Brodie.

Giordano is one of five Flames players from the Toronto and Hamilton area, including Burlington's Josh Jooris, Sean Monahan from Brampton, Matt Stajan from Mississauga and Brian McGrattan from Hamilton. TORSTAR NEWS SERVICE

Nill has a steep hill ahead at UBC

Thunderbirds. After nine seasons with Dinos, new coach takes his 'biggest challenge'

Blake Nill says he could be taking on the biggest challenge of his career.

The University of British Columbia Thunderbirds introduced Nill as the new head coach of their football team on Tuesday, less than 24 hours after he resigned from the same position with the Calgary Dinos.

"It was something that I thought about long and hard, but I was convinced in my discussions with the athletic department, with the backers, that it was time for UBC," Nill said at a news conference. "They wanted to step up and they wanted to put their football team as the flagship and get them back on the map."

"I've always felt B.C. is rich



Blake Nill
THE CANADIAN PRESS

with talent, the university is rich with tradition, and now it's just a matter of combining everything (and) changing the culture ... making sure the kids understand what it takes to be successful, and I think I'm capable of doing that."

Known for his ability to

recruit, Nill might have his work cut out for him in the short term. UBC hasn't won a conference championship since winning the Vanier Cup in 1997 and is coming off a 2-6 campaign that cost head coach Scott Olson his job.

The Thunderbirds have not had a winning season since 2004 and are a combined 24-56 over the last 10 years, but Nill said there is reason for optimism.

"I can honestly say this may be the most talent-laden team that I've taken over. I think (it's) more or less installing a new culture. Installing a culture of work ethic, of speed, of strength, of accountability."

"Once the kids realize they need to be accountable to themselves and their teammates ... you'll see a change fairly quickly."

Nill spent the last nine seasons with the Dinos, leading them to six straight Hardy Cup titles as Canada West champions and three Vanier Cup appearances. THE CANADIAN PRESS

NFL

Panthers' Cam Newton injured in car crash

Panthers quarterback Cam Newton suffered fractures to his lower back in a two-car crash Tuesday and will spend the night in the hospital, a team spokesman said Tuesday.

Newton was in fair condition, had no other internal injuries and would not need surgery, team spokesman Charlie Dayton said during a news conference outside a Charlotte hospital. It was unclear if Newton would be able to practise or play Sunday against the Buccaneers, Dayton said.

"Right now we have thought about Cam's well-being and we understand there was someone else in the other car who was injured," Dayton said. "We just hope that they're all OK."

Newton was expected to be released from the hospital on Wednesday after undergoing tests.

THE ASSOCIATED PRESS



Cavs dunk Raptors again

Cleveland Cavaliers' LeBron James shoots against Toronto Raptors' Landry Fields in the Cavs' 105-101 win on Tuesday in Cleveland. The Cavs also beat the Raptors on Friday. MARK DUNCAN/THE ASSOCIATED PRESS

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Wise customers read the fine print: Q. ★ \$ The Ram Holiday Sales Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating dealers on or after December 2, 2014. Offers subject to change and may be extended without notice. All pricing includes freight (\$1,695) and excludes license, insurance, registration, any dealer charges and other applicable fees and taxes. Dealer trade may be necessary. Dealer may sell for less. Q\$10,000 in total discounts includes \$8,500 Consumer Cash and \$1,500 Loyalty/Conquest Bonus Cash. Consumer Cash Discounts are deducted from the negotiated price before taxes. \$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available on the retail purchase/base of 2014 Ram 1500 (excludes Red Cab), 2014 Ram 2500/3500, 2014 Ram ProMaster and is deducted from the negotiated price after taxes. Eligible customers include: 1. Current owner(s)/lessee(s) of Dodge or Ram Pickup Truck or Large Van. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before December 2, 2014. Proof of ownership/lease agreement will be required. 2. Customers who are skilled tradesmen or are acquiring a skilled trade. This includes Licensed Tradesmen, Certified Journeyman or customers who have completed an Apprenticeship Certification. A copy of the Trade License/Certification required. Limit one \$1,500 bonus cash offer per eligible transaction. Some conditions apply. See your dealer for complete details. ★The Make No Payments for 90 Days is a limited time offer which applies to retail customers who finance a new 2014/2015 Chrysler, Jeep, Dodge, Ram or FIAT vehicle (except 2014 Dodge Avenger SE and 2014/2015 Dodge Viper) at a special fixed rate on approved credit through Royal Bank of Canada. TD Auto Finance or Scotiabank. Offer does not apply to Scolabank special rate financing contracts longer than 90 months. Monthly/bi-weekly/weekly payments will be deferred for 60 days and contracts will be extended accordingly. Interest charges will not accrue during the first 60 days of the contract. Customers will be responsible for any required down payment, license, registration and insurance costs at time of contract. Some conditions apply. See your dealer for complete details. Starting from price for vehicles shown include Consumer Cash Discounts and do not include special fix rate on approved credit through Royal Bank of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. 10.2 L/100 km (28 MPG) city and 7.1 L/100 km (40 MPG) highway. ±Best-selling based on IHS Automotive. #Pak Canadian new vehicle registrations through October 2013 for large pickup trucks under 14,000 lb GVW. ♦Longevity based on IHS Automotive. *Pak Canadian Vehicles in Operation data as of July 1, 2013; for model years 1994-2013 for all large pickups sold and available in Canada over the last 20 years. \$Based on 350/350 pickups. When properly equipped. **The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

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90



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2015 Subaru Legacy	Market position	Points	Safety features
<ul style="list-style-type: none">Type. Four-door, AWD midsize sedanEngines. 2.5-litre flat four (175 hp), 3.6-litre flat six (256)Transmission. Manual six-speed, automatic CVTPrice. \$25,090 base, \$26,390 as tested	<p>Competitor to mainstream sedans, but with the Subaru differentiators of AWD and horizontally opposed engine designs (a.k.a. flat or boxer). Traditionally appealed to slightly cultish customers willing to pay a premium for AWD and non-flashy looks. Subaru is now trying to make Legacy appeal to a larger customer base.</p>	<ul style="list-style-type: none">Legacy just named Best New Family Car Under \$30,000 by the Automotive Journalists Association of Canada.Same footprint as previous model, with the same engines, but increased space and fuel economy, aided by new aerodynamic styling, electric power steering, and active front grille shutters.The only vehicle in its class with standard full-time AWD.	<ul style="list-style-type: none">Optional EyeSight system includes adaptive cruise control, pre-collision braking and throttle control, and lane sway and departure warning.AWD system can apply brake pressure to assist handling on corners.Optional steering-responsive fog lights, and rear/side vehicle detection system.

Less quirky, more appealing

PHOTOS: MIKE GOETZ



Review. Subaru Legacy is now refined, roomy and quiet, trading its former niche status for a mainstream audience

MIKE GOETZ
drive@metronews.ca

Nobody in the automotive world works a niche better than Subaru. Stuff all-wheel drive and a boxer engine into any vehicle format and presto! You've got yourself a Subaru, and a smallish but dedicated group of customers who will gladly partake, because they like being different, and they really like AWD.

But living in a niche can wear on you. They're small and cramped, and with poor ventilation and soundproofing — you can hear the crowds in the bigger suites laughing it up all hours in the morning.

So Subaru did the only sens-

ible thing when it came time to overhaul the Legacy sedan for 2015. It angled it more toward the sweet spot of the midsize sedan market, where huge crowds of North American buyers shop. The result is great midsize sedan, which looks and feels like more like the new Camry than the previous Legacy.

In fact, a Legacy 2.5i model was just named AJAC's Best New Family Car Under \$30,000, a category that included the new Toyota Camry and the new Chrysler 200. Those two were the match of Legacy in pretty much every category, except safety. Some of Legacy's high safety score was achieved by the optional Eyesight package, which includes adaptive cruise control and pre-collision braking and throttle control.

My base 2.5i tester didn't have those features, but did include a rear-view camera, cushion airbags and a standard AWD system that can apply brake pressure to the inside front wheel to assist cornering.



The Legacy's interior decor and features now match anything in its class.

Subaru was known for not sweating the interior decor and features as much as their powertrain and AWD systems, but the Legacy's new cabin matches anything in its class. The new interface with a 6.2-inch touchscreen is not too complicated, and includes knobs and buttons for major functions. The (finally) up-to-date audio system offers satellite radio, auxiliary input, steering-wheel controls, and

Bluetooth for smartphones and streaming audio. Nice.

The cabin is also roomy — front and back — and offers a level of quiet not previously associated with Subaru. Liquid-filled engine mounts, an acoustic windshield, lots of sound insulation, and a more aerodynamic body shape all contribute to the increased serenity.

That body shape is a bit generic to these eyes, and not one that will stand out in a



1 Ford Fusion SE AWD
Base price: \$31,399
Only other midsize AWD sedan not from a premium brand.



2 Toyota Camry
Base price: \$25,370
Dependable and comfy, now with a bit more attitude.



3 Chrysler 200
Base price: \$24,190
All-new and aggressively priced.

crowded parking lot. All part of that plan to blend in more, I guess.

The 175-hp engine and CVT offer up no surprises, just thoroughly civilized propulsion entirely in keeping with the expectations of this mainstream segment. In combination with the new electric steering, which is precise but feels somewhat disconnected from the road, you have a laid-back but sorted-out driving experience that should appeal to easygoing drivers and their families.

The Legacy is much closer to its rivals than ever before, which is good for Subaru and good for lots of buyers, but maybe just a tiny bit sad for those of us who don't want diversification and quirkiness to completely disappear.

5
DRIVE

Top up all the fluids, not just the gas tank

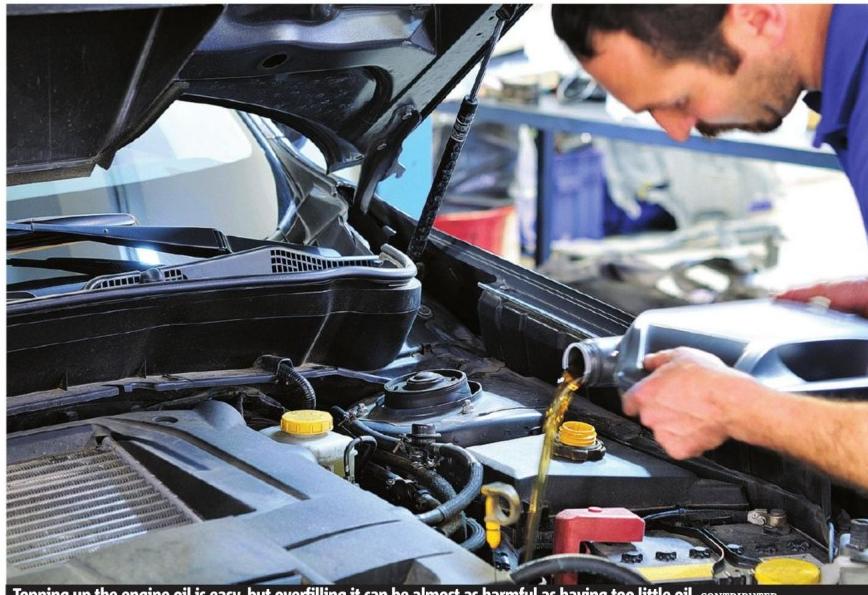
Driving Force. From engine and transmission oils to anti-freeze to windshield washer, your car is filled with liquids

JIL
MCINTOSH
drive@metronews.ca

Just as your body needs fluids to stay healthy, so does your car. Gasoline may seem to be the most important one, but there are some that are just as vital to the car's health, and others that can help with your safety.

"Make sure when you're getting your car prepped for winter that you've topped up your fluids," says Kevin McNamara, category business manager of automotive fluids for Canadian Tire. "Even when it's cold outside, your engine can overheat if fluids aren't moving through it."

Oil is vital to your car's health, since it lubricates the moving parts inside the engine and also helps dissipate



Topping up the engine oil is easy, but overfilling it can be almost as harmful as having too little oil. CONTRIBUTED

some of the excess heat it creates. Without oil, an engine could be irreparably damaged in less than a minute.

The oil should be changed and the oil filter replaced at

the intervals recommended by the auto manufacturer.

In between changes, it's a good idea to occasionally check the oil level, especially on an older car. Top it up if

necessary, but don't overfill it, since too much oil can also

Synthetic oil is a good (if initially more expensive) choice, not just because it

lasts longer and needs to be changed less often, but also because its microscopic particles are more uniform and can do a better job of lubrication than conventional oil.

Fluid fact

- If your locks freeze, use lock de-icer; never warm water. Always keep the de-icer bottle with you, not stored in the glovebox.
 - A car's "curb weight" is the weight of the vehicle plus all of its fluids, including a full tank of fuel.
 - Other fluids your car may contain include transmission oil, power steering fluid, differential oil, brake fluid, and battery electrolyte.

which quickly dries to an opaque crust. All washer fluid will clean away the grime, but look for all-season or winter-specific options.

"Use fluid with a temperature rating for your province," McNamara says. "If you use summer fluid, it could freeze in the reservoir and potentially damage it."

The advertisement features a large red ribbon bow in the top left corner. The word "CHEVROLET" is at the top center with the GM logo. Below it, the word "HOLIDAY EVENT" is written in large red letters. A snowflake icon is positioned between the event text and the cash offer. The text "ELIGIBLE OWNERS RECEIVE UP TO \$1,500 IN HOLIDAY* CASH" is displayed in red. On the left, a red Chevrolet Cruze is shown with the text "2014 CRUZE" above it and "UP TO \$5,000" below it. To the right of the car is a five-star safety rating graphic with the text "5-Star Safety Ratings More Stars. Safer Cars." A note below the car states "IN TOTAL CASH CREDITS ON SELECT MODELS**. INCLUDES \$750 HOLIDAY CASH*, FREIGHT & PDI." The bottom left contains a section titled "FEATURES" with a list of safety and convenience features. The bottom right shows "52 MPG HIGHWAY" with fuel economy details. The bottom center features the slogan "ALL 2014s COME WITH CHEVROLET COMPLETE CARE: 2 YEARS/40,000 KM COMPLIMENTARY OIL CHANGES* / 5 YEARS/160,000 KM POWERTRAIN WARRANTY* / 5 YEARS/160,000 KM ROADSIDE ASSISTANCE**". The bottom right corner has the Chevrolet logo and website "AlbertaChevrolet.com".

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HondaAlberta.ca

#/£ Limited time lease offers from Honda Canada Finance Inc. (HCFI), On Approved Credit. The weekly lease offer applies to a new 2015 CR-V LX 2WD, model RM3H3FES/Fit DX 6MT, model GK5G3FE/2015 Civic DX, model FB2E2FEX for a 60/60/60-month period, for a total of 260/260/260 payments of \$70/\$40/\$45 leased at 1.99%/2.99%/2.99% APR, 120,000 kilometre allowance (12 cents/km excess charge applies). Consumers may pre-purchase up to a maximum of 16,000 extra km/year at \$0.08/km at the time of entering into the lease agreement. Total lease obligation is \$18,200/\$10,400/\$11,700. Lease obligation includes freight and PDI of \$1,695/\$1,495/\$1,495 and applicable fees except PPSA lien registration fee of \$10.76 and lien registering agent's fee of \$.25, which are both due at time of delivery. No down-payment required. Taxes, license, insurance, environmental fees and registration are extra. Dealer may lease for less. *\$500 Holiday bonus on select new and unregistered 2014 or 2015 Civic and CR-Vs. #/£ Offers valid from December 1, 2014 through January 2, 2015 at participating Honda retailers. Offers valid only for Alberta residents at Honda Dealers of Alberta locations. Weekly leasing available on terms of 36 months or greater. Offer subject to change or cancellation without prior notice. Offer valid on new in-stock 2015 vehicles. While quantities last. Visit HondaAlberta.ca or your Alberta Honda dealer for details.

Drivers, dreamers and speed demons

For the F1 Fanatic: Canadian Grand Prix weekend pass

Daniel Ricciardo started sixth on the grid in this year's edition of Montreal's most pulse-pounding weekend. The Australian took the first checkered flag of his F1 career after slipping past Sergio Pérez and Nico Rosberg in the closing laps.

For \$633, you can watch Ricciardo defend his title next June, with a weekend pass to the optimum sightlines afforded by Grandstand 1, or opt for the \$577 Pole Position Package for different vantage points during the practice and qualifying sessions, before settling back into Grandstand 1 on race day.

For details, go to grandprixmontreal.com.



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Gift guide. Lusting for a Lambo but budgeted for a bicycle? We can help

MIKE
DOJC

drive@metronews.ca

Car peeps are generally an easy group to shop for. In a pinch, plunk a few Armor All products into a basket, toss in a tool set, add a bow, and park that bad boy under the tree.

But here are some hints for those who want to go the extra mile and fine-tune their

gifts to the various whims of the auto-obsessive.

Assuming you can't afford this bright orange, gull-winged Lamborghini Aventador — which would look good in anyone's driveway, but starts at \$485,000 — here are some more affordable suggestions for those on your list who think four wheels are way better than two.

For the Toy Tinkerer: LEGO DeLorean Time Machine

Revisit those halcyon days when you were young and naive enough to believe a futuristic-looking car that blazed to 88 mph could bend the fabric of the space-time continuum. The automotive star of Back to the Future has been shrunk into a five-inch, 401-piece Lego kit (\$45), all decked out with foldable wheels, gull-wing doors that open and shut, and, of course, a flux capacitor. It even comes with mini figures of Marty McFly and Doc.



For the Lambo Lover: Lamborghini: 100 Years of Innovation in Half the Time



Ferruccio Lamborghini's low-slung, high-powered dream machines have left motorists weak-kneed ever since the 350GT roared to life in the early 1960s. The alluring marque kept it coming with icon after icon. This coffee-table book (\$75) chronicles the sinuous journey with more than 200 spectacular photos detailing every model the raging bull badge has produced.

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**For the Fashion Plate:
Scorpion Jacket from
the movie Drive**

Ryan Gosling was on point as the mysterious icy-veined stuntman and hired wheelman of few words (and no name) in the 2011 crime drama *Drive*. Although it may take a couple years of acting school to pull off that level of detached brooding, [AngelJackets.com](#) can at least help you look the part. The company has recreated the quilted white satin bomber jacket Gosling rocks in the movie, complete with the giant golden scorpion emblazoned on the back (\$100). Complete the look with a pair of Dents chamois deerskin driving gloves (\$145) with punched knuckle holes so you can watch them turn white.



**For the Diecast Diehard:
Chevy Silverado grille display**

A photo of a clever wall-mounted Hot Wheels display case exploded across the blogosphere this fall. A Wisconsin collector and avant-garde declutterer discovered that the grid spaces on the grill of a mid-'70s Chevy pickup were just the right size to park his favourite models.

Although you could go the DIY route and scour through the scrapyard searching for a grille in good shape, LMC Truck ([lmctruck.com](#)) can hook you up with a reproduction for \$130 plus shipping. Some later-model grills will also do the trick. For more inspiration, check out [facebook.com/GrilleArt](#) to see the work of Arkansas artist Bobby Studnar, who has been at this for more than a decade.



The New 2015 Jetta

Highline model shown

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[vw.ca/advent](#)

5-Star Safety Ratings*

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Das Auto.

*Bi-weekly equivalent lease payments of \$81 on the Jetta shown for example purposes only. Actual lease payments start at \$175 and must be made monthly, not bi-weekly. \$1,000 in credits available on 2015 Jetta gas models (excluding GLI model) to be applied to first two monthly lease payments. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2015 Jetta 2.0L base model with 5-speed manual transmission and base MSRP of \$16,385. \$1,395 freight and PDI included. 48-month term at 1.9% APR. \$0 down payment, \$230 security deposit and first monthly payment in excess of payment credits (if applicable) due at lease inception. Total lease obligation: \$8,400. 64,000-kilometre allowance; charge of \$0.15/km for excess kilometres. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Limited time discount on cash purchase only of select new and unregistered 2014 models remaining in dealer inventory. Example: \$5,000 cash discount on the MSRP available on the 2014 CC 2.0T Highline with 6-speed manual transmission. Discount varies by model. ††2015 Volkswagen Jetta 4 DR FWD received a 5-star overall rating. Government star ratings are part of the U.S. National Highway Traffic Safety Administration (NHTSA) New Car Assessment Program ([safercar.gov](#)). Crash performance was based on a U.S.-equipped vehicle. Some features on that model may be optional or not available in Canada. ††The 2015 Jetta was awarded a Top Safety Pick+ from the IIHS (Insurance Institute for Highway Safety). To qualify for a Top Safety Pick+, a vehicle must earn good ratings in the moderate overlap front, side, roof strength and head restraint tests, as well as a good or acceptable rating in the small overlap front test and earn a basic, advanced or superior rating for front-crash prevention. †Limited time finance purchase offer available through Volkswagen Finance, on approved credit on select new and unregistered 2014 models remaining in dealer inventory, financed at 0% APR for 48 months equals 104 bi-weekly payments. Example: Base MSRP of \$24,970 for a new and unregistered 2014 Golf Wagon 2.5L base model with 5-speed manual transmission, financed at 0% APR for 48 months, equals \$298 per month, including \$1,395 freight and PDI. Down payment or equivalent trade-in, due at signing, may be required. Cost of borrowing is \$0 for a total obligation of \$24,970. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end January 2, 2015 and are subject to change or cancellation without notice. Model shown: 2015 Jetta 1.8T Highline, \$25,990. Vehicle may not be exactly as shown. Visit [vw.ca](#) or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Jetta" and "CC" are registered trademarks of Volkswagen AG. © 2014 Volkswagen Canada.

Hit The Road

Owning a vehicle today requires many different relationships to keep the wheels turning. Whether you're looking to have your vehicle serviced or are considering something new check in with the following sources when making your next automotive decision.

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Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers.
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→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

If you dream about moving up in the world there is a chance that it might happen this week. At the very least you will lay the foundations for future success.

♉ Taurus

April 21 - May 21

The restrictions you have been labouring under in recent days will fade over the next 24 hours. Your attitude will be more positive too, giving you a greater sense of freedom.

♊ Gemini

May 22 - June 21

Stick to the facts today, especially when dealing with money. If you are tempted to make a decision for sentimental reasons it could easily backfire.

♋ Cancer

June 22 - July 23

Today you will find it easier to be more outgoing and sociable and that's good because you have been a bit too self-absorbed of late. You're allowed to have fun — and look for love.

♌ Leo

July 24 - Aug. 23

You have many good ideas but how many will amount to anything? If you are not sure which ones have selling potential ask someone who is likely to know.

♍ Virgo

Aug. 24 - Sept. 23

All things are possible for you now, Virgo, so set your sights high and don't stop until you have reached your goal. You will be amazed how easily things come to you.

♎ Libra

Sept. 24 - Oct. 23

Cosmic activity in one of the more sensitive areas of your chart could make you more emotional than usual but maybe that's no bad thing.

♏ Scorpio

Oct. 24 - Nov. 22

What you say today will have far-reaching effects for months to come, so think before you speak and strive to be positive.

♐ Sagittarius

Nov. 23 - Dec. 21

Turn your attention to financial matters. You may have spent a lot recently and with values planet Venus moving into the money area of your chart you must find ways to save.

♑ Capricorn

Dec. 22 - Jan. 20

The entry of love planet Venus into your sign today means you can expect good news concerning a long-term relationship. Difficulties will ease over the next few days.

♒ Aquarius

Jan. 21 - Feb. 19

For someone who is confident you seem thin-skinned right now. Could it be because you realize that criticisms being leveled at you are true? Why not just admit you were wrong?

♓ Pisces

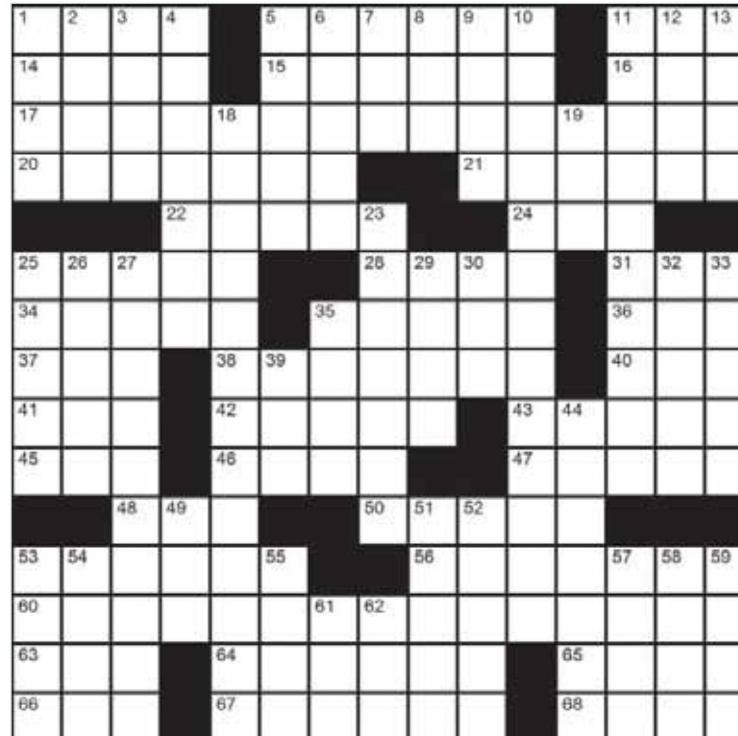
Feb. 20 - March 20

Put your worries behind you and have fun with your friends. Some will say you're neglecting your responsibilities but you can ignore them. You need to take a break.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

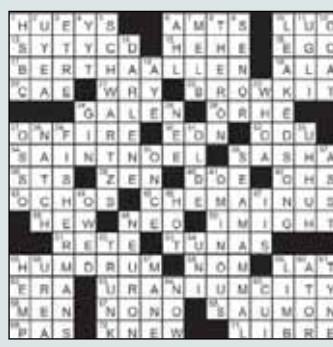
- Bugs Bunny's foe Elmer
- Duty
- Neil Young's "Old ___"
- "Dies ___": Latin hymn
- Shots ___ (Hockey statistics)
- Rock-___ (Classic jukebox company)
- "___ - ___": Tragically Hip tune with the line "I stole this from a hockey card..."
- Bruce Springsteen & The ___ Band
- First season player
- Assumed name
- Nero's 511
- Language of Sri Lanka
- VIP's vehicle
- Sports org.
- John Hersey's bell town
- Rice dish
- "Gosh."
- Marcel Marceau's clown
- Demolishing one
- Zippy dance
- Tubular fish
- Cloistered chaps
- #41-Across ...in sushi bars
- Regret
- ___ Reader (Alternative press magazine)
- Charles of "Gas-light" (1944)
- French possessive
- Little Richard's "___ Up"
- Certain chambers
- Feminist Gloria
- Canadian painter from Montreal
- (b.1906 - d.1993) ...her works include Harbour and Milkweed: 3 wds.



Down

- Sisqo's group, ___ Hill
- Lemon juicer
- Cupid's Greek counterpart
- Drake's music
- Vintage model for Chrysler
- Gus Van ___ (Director)
- "Pretty Woman"
- (1990) actor ...his initials-sharers
- Cyclades island
- Impartial
- As per #11-Down... bit of Lorde's song "Yellow Flicker Beat": "My blood is a ___ precious stones..."

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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